

# GP BRIEF

Newsletter for GPs and Practice Managers in Cumbria

• Issue 9

• April 2010

## Demolition Starts

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### SPECIAL

All our consultants, secretaries and contacts – updated each month



We have reached a significant milestone in the redevelopment of West Cumberland Hospital with the first demolition on site.

The first demolition involves knocking down Buttermere, Crummock and Windermere. This is to make way for the new buildings to provide A & E; critical care; acute admissions and diagnostics on the ground floor with inpatient wards above.

The ring-road around the hospital will shortly become two-way once the contractors have completed providing the extra car parking areas on the site to replace lost spaces.

We will be working with the media and our local communication channels to ensure the community is aware of this change.

The following areas have been relocated:

- Crummock Ward has moved to Jenkin Ward
- Melbreak Ward has moved to Cumbrian Clinic/Skiddaw
- Diabetes, Endocrinology and retinal screening (lower ground floor of Windermere) have all moved to Ullswater, next to the Stroke Unit
- Pre-assessment unit (Windermere) has moved to the ground floor of CHOC (Cumbria Health on Call)
- The Copeland Unit, run by NHS Cumbria, has moved to Melbreak Ward, which has been upgraded.

## INTRODUCING WORLD-CLASS HEART TREATMENT

This week we announced changes to our cardiology services which will enable us to offer world-class heart treatment to our patients.

A dedicated unit will be developed at the Cumberland Infirmary to offer Percutaneous Coronary Intervention (or angioplasty), which is currently only available to north Cumbrian patients at hospitals in Middlesbrough, Newcastle and Blackpool. All heart patients requiring angioplasty should be able to receive it within 90 minutes of their home but currently Cumbrian patients have to travel much further.



**Dr Martin Cowley**

The new angioplasty suite will be developed at the Cumberland Infirmary using the most up-to-date digital imaging equipment. All patients requiring an angiogram will be referred to this unit which means they will no longer be provided at the West Cumberland Hospital. The benefit of creating a single dedicated unit is that the majority of patients will be able to have their angiogram and angioplasty carried out at the same time which provides safer, better and more timely care and limits travel. Currently patients can wait up to three months for an angioplasty elsewhere.

This announcement is a major development for the Trust. Heart disease remains the single biggest cause of death in Cumbria with around 208 men and 159 women on average dying each year. The new service will enable us to give patients the best possible care much closer to home. A Business Case will be developed to establish the service and it is expected to be up and running over the next 12 months.

## HELP REDESIGN OUR WEBSITE

Our Trust is redesigning its website and would like to involve its stakeholders.

Anyone who uses the website or who has an interest in hospital services is being invited to give their opinions on what could be done to improve the existing site - [www.ncuh.nhs.uk/acute](http://www.ncuh.nhs.uk/acute) - ahead of a relaunch later this year.

To give your comments on how the website could be improved, please visit [www.ncuh.nhs.uk/acute](http://www.ncuh.nhs.uk/acute) and leave your comments in the online form or email Communications Officer Natalie Wilson at [natalie.wilson@ncumbria-acute.nhs.uk](mailto:natalie.wilson@ncumbria-acute.nhs.uk).

## CHANGE TO EMAIL ADDRESSES

Email addresses for staff, wards and departments at our Trust have changed from [name@ncumbria-acute.nhs.uk](mailto:name@ncumbria-acute.nhs.uk) to [name@ncuh.nhs.uk](mailto:name@ncuh.nhs.uk)



## UROLOGY

The provision of urology in North Cumbria has undergone some recent service development, with investment in manpower and equipment. The ethos is to provide the majority of specialist services in the region and provide an increasing scope of the diagnostic modalities closer to home.

The provision of one-stop clinics in Penrith and Whitehaven are piloting this concept, which we are intending to roll out across the Trust. All consultants now have cross-site commitments with a hub and spoke model out of Carlisle.

We now offer a full prostate diagnostic trans-rectal biopsy service at three sites across North Cumbria – Carlisle, Whitehaven and Workington.

In addition clinics are available in Keswick, Wigton and Penrith hospitals. The referrals criteria are outlined on the clinic specifications on Choose and Book.

As well as the general clinics the following clinics are available with full diagnostic capabilities:

- One-stop haematuria Clinic (CIC and WCH)
- One-stop prostate assessment clinic (CIC)
- One-stop urological clinic (Penrith Community Hospital and WCH)

### Conditions treated

**Oncology** – Prostate cancer, penile, testicular, renal cancer (including laparoscopic nephrectomy) and bladder cancer

**Andrology** – Erectile dysfunction and sexual medicine. Peyronies disease and artificial penile implants

**Urinary stone disease** – Offer endoscopic treatment of renal and ureteric stones. With our compliment of interventional radiologists we also carry out percutaneous renal surgery (PCNL) at CIC.

We are in the process of developing the provision of extracorporeal lithotripsy locally and also laser for endoscopic treatment.

**BPH** – Assessment and endoscopic treatment. Nurse-led flow clinics are available in Carlisle, Wigton and Penrith

**Disorders of bladder function** – Cystometrogram evaluation and intravesical treatment including intravesical botox.

Consultant	Works at	Secretary	Make Contact
Mr John Cumming	CIC, WCH	Joanne Halford	01228 814779
Mr Nkem Umez-Eronini	CIC, WCH	Paula Lewis	01228 814776
Mr Jamshed Bashir	CIC, WCH	Natasha Caig	01228 814459
All three consultants' WCH work	WCH	Margaret Rice	01946 523042
Nurse Specialist	Works at	Secretary	Make Contact
Jill Thursby	CIC	–	01228 814187
Jeanette Walker	CIC	–	01228 814187
Brian Walker	WCH	–	01946 523706

## FELLOWSHIP FOR DR OLU ORUGUN



**Dr Olu Orugun**

Dr Olu Orugun, Consultant Physician in Elderly Care at the West Cumberland Hospital has been made a Fellow of the Health Foundation.

The Fellowship Programme is a fully funded leadership programme which combines specialist training in quality improvement (knowledge of quality agenda, methodologies, tools and techniques in quality care), with leadership development.

Just eighteen fellows were appointed in the whole of England, Wales, Scotland and Northern Ireland.

The inauguration ceremony for Fellows will take place on 14 April in Ashbridge, Hertfordshire. Olu was sponsored for this programme by Kevin Clarkson, Deputy Chief Executive and will be working with Kevin, Barbara Monk, colleagues in Primary Care, Social Care and Executive Coaches from the Health Foundation to promote integration between our hospitals and community services to deliver real improvement in patient care.

He has also been invited to join a Reference Group at the National Institute for Health and Clinical Excellence to help improve uptake of NICE Guidance into Community and Primary care. This group will test ideas on how NICE Guidance can be implemented.

Dr Orugun said: "I am very honoured to have been nominated and appointed a Fellow of the Health Foundation and would like to thank my colleagues for their support."

## CUMBERLAND INFIRMARY WELCOMES NEW CONSULTANT RADIOLOGIST

**Name:** Dr Dinakar Unnithan

**Job Title:** Consultant Radiologist

**Qualifications:** FRCR

**Special Interests:** All aspects of Radiology

**Societies:** Royal College of Radiologists

**Interests:** History



## Who's Who and How to Make Contact

**West Cumberland Hospital – For those numbers without direct dial, please call 01946 693181 and ask for the extension number**

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A & E	Mr Mike Greene Mr Charles Brett Ms Claire Summers	BRANTHWAITE Carol	Ext 4270
Elderly Care	Dr Nicholas Russell	MCALEAVY Judith	(01946) 523902
Elderly Care	Dr Olu Orugun	RICHARDSON Judith	(01946) 523117
Elderly Care	Dr Ahmed Zeidan Dr Arnold Gotsman	WALKER Linda	(01946) 523085
Cardiology	Dr Kate Willmer	LAMB Suzanne	(01946) 523016
Cardiology	Dr Dariusz Koziara	JOHNSEN Linda	(01946) 523005
Respiratory	Dr Terek Dihan	CONNOR Mary-Rose	(01946) 523007
Medical/Gastro	Dr Babur Javaid	MCCLEAN Donna	(01946) 523024
Medical/Gastro	Dr Zahid Mahmood	MCILLROY Linda	(01946) 523011
Diabetics	Dr Stewart Sawers Dr Hilary Sawers	JOHNSTONE Carole	(01946) 523010
Cardiac Rehab	Ms Mandy Waite	O'CONNOR Joanna	(01946) 523018
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01946) 523219
Obs & Gynae	Mr Steve Bober Dr Kathleen Gillies	LUCAS Christine	(01946) 523215
Obs & Gynae	Mr John Eldred	SCOON Wendy	(01946) 523222
Obs & Gynae	Mr Sudipta Paul	WREN Hilary	(01946) 523217
OPD (Neurology/dermatology)	Visiting Consultants	COYLES Wendy	(01946) 523003
OPD (Oral/plastics)	Visiting Consultants	CRAWFORD Jenny	(01946) 523291
OPD (ENT)	ENT Surgeons	BEAR Mary (Mon-Wed) ROBINSON Linda (Wed-Fri)	(01946) 523040

Ophthalmology	Mr Peter Sellar Mr Soonu Verghese	SUTCLIFFE Kath	(01946) 523065
Orthopaedics	Mr Suresh Rao	ROME Linda	(01946) 523192
Orthopaedics	Mr Steven Allcock	DURBER Katie	(01946) 523193
Orthopaedics	Mr Peter Fismer	SOWERBY Janice	(01946) 523189
Orthopaedics/Anaesthetics	Dr Bert Van-Mourik	STANTON Kellie	(01946) 523198
Orthopaedics	Mr Patrick Armstrong	YOUNG Sylvia	(01946) 523197
Orthopaedics	Mr Mahesh Dhebar	CARR Lesley	(01946) 523192
Orthopaedics	Mr Ashraf Naguib	LEAK Fiona	(01946) 523198
Paediatrics	Dr Deb Lee/Dr Sarah Pennington	MINNIKIN Sharon	(01946) 523158
Paediatrics	Dr Patricia Carter/Dr Denise Ullman	MCCONVEY Val	(01946) 523150
Paediatrics (CPU)	Dr Mahfud Ben-Hamida	ROBERTS Diane	(01946) 523165
YDU	Dr Dianne Roberts	ANDERSON Debbie	Ext 2918
Anaesthetics	Dr Fiona Graham/Dr Phillip Cartwright/Dr Mark Holliday	BENSON Geraldeen	(01946) 523412
Surgical (Colorectal)	Mr Ernest Jehangir	WILKINSON Gill	(01946) 523041
Surgical (Colorectal)	Mr Des O'Callaghan	MCCONVEY Linda	(01946) 523045
Surgical (Vascular)	Mr Mike Walker	KERR Julie	(01946) 523047
Surgical (Vascular)	Mr Adam Sowinski	SKINNER Anne	(01946) 523059
Surgical (Urology)	Mr Jamshed Bashir, Mr John Cumming, Mr Nkem Umez-Eronini	RICE Margaret	(01946) 523042
Surgical	Mr Amro Salem (Locum)	ELLIOT Carol	(01946) 523042
Palliative Care	Dr Jim Palmer Dr Helen Rowe	WILLIAMSON Jean	Ext 3089
Pathology	Dr Nick West	MCINTYRE Carol	(01946) 523426
Vascular Lab		GATES Sue	Ext 4027

## Cumberland Infirmary Contact Numbers

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A&E	Mr Vincent Foxworthy	BRENNAN Lesley/MELDRUM Jackie	(01228) 814401
Anaesthetics	Dr Adrian Shanks/Dr Yoav Tzabar Dr Mark Tidmarsh/Dr Jon Sturman/Dr Ewa Jankowska	WILTON Janette/BUSBY Helen	(01228) 814312
ATC Co-ordinators		KING Caroline	(01228) 814435
ATC Secretary		TOPPIN Sheila	(01228) 814437
Dermatology	Dr Khurshi Bazmi/Dr Marinela Nik	HALLIBURTON Ann	(01228) 814150
Diabetes	Annette Routledge/Joanne Mason	MATTINSON Julie	(01228) 814780
Diabetes	Dr Hilary Sawers/Dr Stewart Sawers	BOUCH Wendy	(01228) 814140
Elderly Care	Dr D Paul Davies/ Dr Henry Woodford	JONES Julie	(01228) 814438/2514
Elderly Care	Dr Jane Orgee	HOPE Christine	(01228) 814458
Elderly Care	Dr John Billett	HILL Alison	(01228) 814456
Elderly Care	Dr Jim George	FOSTER Marjorie	(01228) 814029
ENT	Mr Nick Murrant	BURNS Kath	(01228) 814206
ENT	Mr Donald Clark	FLEMING Tracy	(01228) 814208
ENT	Mr Andrew Robson	MACKENZIE Margaret	(01228) 814207
ENT	Mr Richard Hogg	SHAW Linda	(01228) 814718
Gastroenterology	Dr Denis Burke	JOHNSTON Judith/TODD Lesley	(01228) 814138
Gastroenterology	Dr Chris Macdonald	NOBLE Kim	(01228) 814184
GU Medicine	Dr Belinda Stanley	EDWARDS Ann/DEVANEY Kerry	(01228) 814814
Medical	Dr Madalina Garbi	LEECH Sandra	(01228) 814565
Medical	Dr Martin Cowley	HARRISON Anne	(01228) 814034
Medical	Dr Simon Fearby	SHANE Carol	(01228) 814142

Medical	Dr Mary Hewson	PARTINGTON Judith	(01228) 814063
Medical		SHECKLEY Marie	(01228) 814033
Neurology	Dr Katya Lassak	BOWMAN Sarah	(01228) 814439
Neuro-Rehab	Dr Mark Roberts	GILL Jane	(01228) 814478
Obs & Gynae	Dr Nalini Munjuluri	LITTLE Heather	(01228) 814215
Obs & Gynae	Dr Ruth Lawley	COX Pam	(01228) 814213
Obs & Gynae	Dr Laura Hipple	WHITE Carrieanne	(01228) 814272
Obs & Gynae	Dr Sheila Pearson	PARK Lavinia/HEGGIE Pat	(01228) 814217
Obs & Gynae	Mr Ajith	HEANEY Kerry	(01228) 814211
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01228) 523444
Oncology	Dr Paul Dyson	GRAHAM Lynda	(01228) 814684
Oncology	Dr Josef Kovarik	FRASER Sandra	(01228) 814446
Oncology	Dr Sandeep Singhal	KELLY June	(01228) 814447
Oncology	Dr Jonathan Nicoll	PURDHAM Pauline	(01228) 814688
Ophthalmology	Mr Gerard Ainsworth/ Mr Tim Shetty	HULBERT Diane	(01228) 814449
Ophthalmology	Mr Mohammed Zaheen/Mr Murad Moosa	NIEMIEN Jane	(01228) 814476
Ophthalmology	Mr Roger Smith/Ms Diana Depla	SPENCER Dee	(01228) 814461
Oral Surgery	Mr Anthony Patterson	WANLEY Judith	(01228) 814224
Oral Surgery	Mr Graham Putnam	BRADLEY Sue	(01228) 814222
Oral Surgery	Mr John Elliott	DOWNIE Marie	(01228) 814222
Orthodontics	Mrs Fiona Nixon	HIRD Elizabeth	(01228) 814225
Orthodontics	Mrs Sally Walker	HIRD Elizabeth	(01228) 814225
Orthopaedics	Miss Gail Ferrier	COLLIER Sarah	(01228) 814752
Orthopaedics	Miss Carol Brignall	PESCOD Alison	(01228) 814756
Orthopaedics	Mr Guy Broome	TAYLOR Karen	(01228) 814758
Orthopaedics	Mr Mike Orr	RAYMENT Linda	(01228) 814760
Orthopaedics	Mr Keith Ions	MORAN Teresa	(01228) 814754



Orthopaedics	Mr Matt Dawson	O'NEILL Susan	(01228) 814279
Orthopaedics	Mr David MacKay	JACKSON Hazel	(01228) 814759
Orthopaedics	Mr Ramasubramanian Dharmarajan	HOLDEN Lisa	(01228) 814750
Orthopaedics	Miss Claire Young	CRAWFORD Brenda	(01228) 814363
Paediatric	Dr Catriona Stuart	SCOTT Janet/LOWTHER Angela	(01228) 814762
Paediatric	Dr John Storr	NIXON Susan (Job Share) HARTLEY Julie	(01228) 814764
Paediatric	Dr Paul Whitehead	McKAY Barbara	(01228) 814168
Paediatric	Dr G Jones / Dr Sunday Ifere	DICKINSON Ann	(01228) 814766
Plastic	Visiting Consultants / Thoracic Surgery		(01228) 814069
Pathology	Dr Chris Lord/Dr Christine Matthews	BOWE Margaret	(01228) 814533
Pathology	Dr Joanne Wilkinson	DAVIDSON Sandra	(01228) 814535
Pathology	Dr Mary Jenkins/ Dr Fergus Young	MILLS Janice	(01228) 814529
Pathology	Dr Chris Lord/ Dr Shirley Matthews	GILLES Michelle	(01228) 814533
Haematology	Dr Hugh O'Brien	DOCHERTY Angela	(01228) 814511
Radiology	Dr Ron McNeil	CLEMINSON Fiona	(01228) 814575/4589
Radiology	Dr Jon Berry/ Dr John Edge/Dr Alaa Sayed/Dr Sarat Gadde/Dr Dinakar Unnithan	CUMBERLAND Penn	(01228) 814575/4589
Radiology	Dr Peter Jennings/ Dr Jonathan Poels	DODD Doris	(01228) 814349
Radiology	Dr Geoff Athey/Dr Rachel England	MURRAY Nicola	(01228) 814576
Renal	Dr Paul Mead	MELLISH Therese	(01228) 814772
Renal	Dr Fiona Dallas	JOHNSTON Julie	(01228) 814772
Renal	Dr Mark Boxall	LYNN Gillian	(01228) 814701
Rheumatology	Dr Alaa Hassan	DIXON Wendy/ CAFFAREL Hazel/ ATWELL Christine	(01228) 814428/4472 or 4347
Surgical	Mr Joseph Thomas	PEDROSA Susan	(01228) 814149
Surgical	Mr Theo Ojimba	ROOK Helen	(01228) 814433

Surgical	Mr Frank Hinson	FOGG Yvonne	(01228) 814364
Surgical	Mr Jim Palmer	NIXON Ann	(01228) 814147
Surgical	Mr Mike Williams	OGLANBY Alison	(01228) 814146
Surgical	Mr Simon Raimes /Mr John Wayman	TUCK Liz	(01228) 814144
Urology	Mr Jamshed Bashir	CAIG Natasha	(01228) 814459
Urology	Mr John Cumming	HALFORD Joanne	(01228) 814779
Urology	Mr Nkem Umez-Eronini	LEWIS Paula	(01228) 814776
	Lead Secretary (Medical & Elderly)	WHITEHEAD Denise	(01228) 814032 Mob: 07771844209
	Surgical secretaries manager (Orthopaedic, ENT, Ophthalmology, Orthodontics and Oral Surgery)	GLOVER David	(07769) 673223
	Surgical secretaries manager (General Surgery and rest of surgical division)	CARR Anita	(01946) 693181 ext 4044