

GP BRIEF

Newsletter for GPs and Practice Managers in Cumbria

• Issue 7 • February 2010

CLEAN BILL OF HEALTH

Glowing report following hospital inspection

The Cumberland Infirmary has received a glowing report from inspectors following an unannounced visit to see how good the hospital is at infection prevention. After visiting Beech A (gastrointestinal medical), Beech C/D (general surgical) and Willow A (elderly care) and speaking to staff, the inspectors from the Care Quality Commission found no problems across 15 different measures.

CONTENTS

PAGE 2

- Ophthalmology changes welcomed

PAGE 3

- West Cumberland Hospital update

PAGE 4

- Help for pregnant smokers
- Choose and Book

PAGE 5

- SPOTLIGHT Renal Services

PAGE 6

- Transplant from a mystery donor
- New consultant

SPECIAL

All our consultants, secretaries and contacts – updated each month

The team carried out their unannounced inspection at the Carlisle hospital on 26 January and reported back to North Cumbria University Hospitals Trust this week. The report said: “On inspection, we found no evidence that the Trust has breached the regulation to protect patients, workers and others from the risks of acquiring a healthcare-associated infection.”

The inspectors visited and interviewed staff including ward managers, sisters, matrons, staff nurses, a domestic assistant, a clinical pharmacist, nursing assistants, the Director of Nursing, Quality and Governance and the Chief Executive. From their findings they analysed how the Trust manages infection prevention and control, and the risks of acquiring a healthcare-associated infection (HCAI) such as MRSA or Clostridium difficile.

The Trust’s Chief Executive, Carole Heatly, said: “We are absolutely delighted to receive such a glowing report from the Care Quality Commission inspectors.

“We have been working hard across the Trust to press home the message of the importance of infection prevention and control, striving for the highest standards of cleanliness in our hospitals.

“I would like to thank all of our staff, patients and visitors who have all played a part in cutting our infection rates, whether by using the alcoholic gel to sanitise their hands on entering our premises, following our strict uniform policy or cleaning equipment thoroughly.”

The Trust has seen just six cases of MRSA so far this financial year, compared with 15 in 2008/09 and 29 in 2007/08. Clostridium difficile has also fallen by 60% in the last 18 months.

CHANGES TO OPHTHALMOLOGY SERVICES WELCOMED

Local GPs have welcomed the news that services to treat patients with Age-related Macular Degeneration are coming back to north Cumbria and will be provided at Carlisle's Cumberland Infirmary and the West Cumberland Hospital in Whitehaven.

The move is part of a package of measures to modernise and develop ophthalmology services.

The Trust Board considered several options presented by the ophthalmology clinical director, together with recommendations made by the Royal College of Ophthalmologists.



The model of care approved by the Trust Board will bring together the two departments to offer improved access to services for patients across north Cumbria. This means that surgery, including cataract operations, and outpatient services will continue to be carried out across both hospital sites, with more complex work being undertaken at the Cumberland Infirmary. The model will also bring together the two consultant teams, which will offer greater alignment and consistency of patient pathways whilst allowing for improved training and supervision within a single clinical team.

As part of the £100 million redevelopment of the West Cumberland Hospital, new ophthalmology facilities will be provided leading to improved ways of working for staff and better patient experience.

Dr David Rogers, NHS Cumbria's lead GP for Copeland, said: "These changes will improve ophthalmology services for people across north Cumbria by bringing together the two departments which currently provide services at Whitehaven and Carlisle.

"The vast majority of eye services currently carried out at West Cumberland Hospital will remain in Whitehaven with more complex cases, such as severe eye trauma, being treated by a specialist team at Carlisle.

"Importantly, the change will also enable a lot of patients with Age-Related Macular Degeneration (AMD) to be treated closer to home in Carlisle or Whitehaven, instead of having to travel outside Cumbria as is currently the case.

"As part of the drive to provide more services closer to where people live, this repatriation of AMD services will be a big boost to local services and patients."

Gerard Ainsworth, Eye Surgeon and Clinical Director for Ophthalmology, said: "This is an exciting time for ophthalmology services and we have a real opportunity to create a service that will benefit all patients across north Cumbria and be sustainable for the future.

"We are proposing this new model of care because we believe it will give better local access to ophthalmology services whilst also allowing the clinical team and ophthalmology services overall to develop. It also means that we will be able to bring some services back from Newcastle to north Cumbria including care for our elderly population who have age related macular degeneration (AMD)."

BULLDOZERS MOVE IN AT WEST CUMBERLAND HOSPITAL



Bulldozers moved on site at the West Cumberland Hospital last week to create a contractors' compound ready for the £100 million redevelopment.

The compound will minimise disruption for patients, staff and visitors to the hospital by providing a base for the contractors where site cabins, staff facilities, parking and storage for materials and machinery will be located.

The compound is on land between the hospital site and Sneckyeat Road Industrial Estate, leased from Ashtenne Developments, and will provide the contractor with a separate access to the hospital site during construction, to reduce congestion for staff and visitors. Planning permission for the compound was granted by Copeland Borough Council before Christmas.

- ✓ The full planning application for the hospital redevelopment was submitted to the council last week and the Trust is hopeful that approval will be given by April
- ✓ The full business case is due to go before the Trust Board next month
- ✓ Work to finalise the internal layout of departments and areas is ongoing with our User Groups
- ✓ The decanting of wards and relocation of staff is continuing
- ✓ The first demolitions are due to take place in the spring
- ✓ Keep up to date with all the latest developments with the new hospital project at www.buildingyourhospital.ncuh.nhs.uk online.

STORE ROOM TRANSFORMED INTO HOME FROM HOME

Nurses on the Palliative Care Ward at West Cumberland Hospital have transformed a cluttered store room into a home from home for patients and their families.

After tidying up store rooms and clearing away all equipment not in use the nurses found that they had an empty room, which they converted into a family room.

This was one of a number of projects the nurses have been running on the ward as part of an innovative programme being introduced at the West Cumberland Hospital and the Cumberland Infirmary. The Productive Ward – Releasing Time to Care programme is aimed at improving the way wards are run to help nurses and therapists spend more time on patient care, thereby improving safety and efficiency.

Staff Nurse Jane Steele said: "It's a peaceful area that relatives can go to for some time out on their own and yet still be close to their loved ones if needed."

HELPING PREGNANT WOMEN TO QUIT SMOKING

Our Trust has been working hard to cut the number of women smoking during pregnancy with the help of three dedicated staff members.

Nationally the target for the percentage of mothers who smoke at delivery is 15% by the end of this year. The figure for our Trust is currently 18.9%.

A number of new initiatives have been introduced, both to help pregnant smokers kick the habit and also to establish an accurate and robust IT data collection system across north Cumbria.

Three Assistant Practitioners were given smoking cessation roles just over a year ago, originally for one day a week each but this has since been increased to two days a week. Gillian Connery is based at the West Cumberland Hospital, Lissa Walker at the Cumberland Infirmary and Louise Wilson at the Penrith Birthing Centre.

Since the three took up their posts, areas of best practice have been developed. These include:

1. Referrals of women to smoking cessation services

At antenatal booking every pregnant woman who smokes is automatically referred by the introduction of "positive consent". If she does not want to be referred, it is up to her to opt out.

When the woman is automatically referred her referral form is forwarded to one of the Smoking Advisers who will contact her within three days to offer her a 1:1 appointment to commence her Nicotine Replacement Therapy (NRT) regime. She will then receive on-going support if needed until delivery of her baby. If there is no response from the woman, further attempts to contact her will continue. If the woman initially refuses the offer of support she is contacted, with her agreement, on a monthly basis in case she changes her mind.

2. Capturing the specified data prior to discharge being recorded

The Maternity Department is introducing a new computer system and the maternity form will now include a compulsory entry, recording the smoking status and action taken with each woman at her first appointment.

The Postnatal Transfer Information Form which is used at West Cumberland Hospital will be introduced to the Cumberland Infirmary and Penrith. University Hospitals of Morecambe Bay NHS Trust is looking at our Smoking Service with a view of replicating this.



CHOOSE AND BOOK SLOT AVAILABILITY

The availability of Choose and Book slots has improved for the fourth consecutive month and now stands at an excellent 91.1%. This improvement is in part due to the Outpatient Review Project, detailed in last month's GP News, which is ongoing.

RENAL SERVICES

The Renal Unit at the Cumberland Infirmary in Carlisle and West Cumberland Hospital in Whitehaven offer all areas of renal medicine apart from transplantation.

Under the National Service Framework, we are required to offer both haemodialysis, where patients come three times a week to the CIC or WCH, and also peritoneal dialysis, the home-based alternative treatment.

New initiatives

- The Trust has recently introduced plasma exchange – until last year patients had to travel to Newcastle for this
- In January haemodiafiltration was introduced – this has added benefits and can be less tiring for patients needing long-term dialysis. It has never been offered in the region before
- The Trust's Executive Management Team is working with North West Ambulance Service to establish a specific contract for renal patients, who spend so much time travelling every week
- The department has been working on updated guidelines on referrals. The new Chronic Kidney Disease Algorithm has gone out to all GP practices within the past month (January)

Expansion plans

The number of haemodialysis patients increases by 5-10% every year so our Trust is drawing up plans to increase the number of dialysis stations available at both hospitals – from seven to 12 at WCH and also by around 50% at the CIC within the next three years.

Transplantation

A record number of patients treated by our Trust received kidney transplants last year – with 10% of the organs coming from altruistic living donors.

Twenty patients with renal failure being treated at the CIC and WCH received transplants in 2009. This is a huge increase from the previous highest total of 13 in 2007.

At the start of 2009 around 40 patients at North Cumbria University Hospitals were on the waiting list for a new kidney, meaning about half got the transplant they so desperately needed. Of these 20, eight came from living donors – including two altruistic donations, where the donor does not know and has never met the recipient.

Dr Fiona Dallas, Consultant Nephrologist at the Cumberland Infirmary, said there were various reasons for the sharp increase in transplants. Non-directed altruistic donation was only approved in 2007, following the Human Tissue Act 2004 and renal staff at both hospitals have been proactive in trying to match up suitable donors and patients.

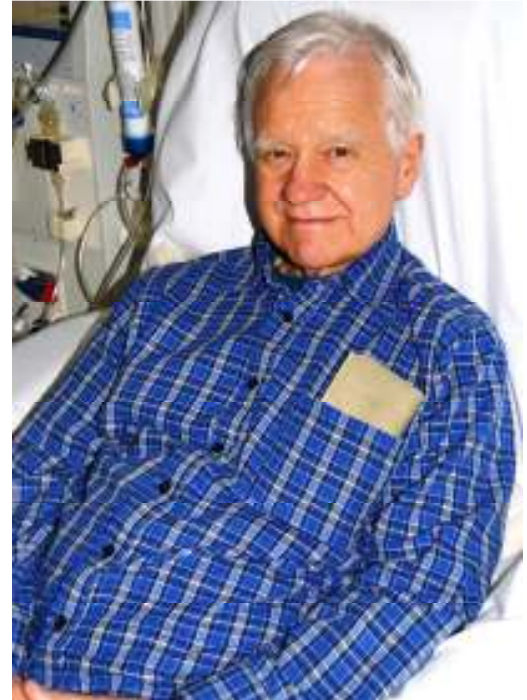
Consultant	Works at	Secretary	Make Contact
Dr Fiona Dallas	CIC	Julie Johnstone	01228 814772
Dr Paul Mead	WCH, CIC	Therese Mellish	01228 814772
Dr Mark Boxall	WCH, CIC, Penrith	Gillian Lynn	01228 814782

AN INCREDIBLE GIFT FROM A TOTAL STRANGER

Jon Buchan, a retired GP, received the best Christmas present ever when he underwent a kidney transplant on 21 December last year. And what made it even more amazing was that the donor was a total stranger whose identity remains a secret.

Mr Buchan, who lives in Carlisle, had been told last April that he would have to start dialysis treatment by Christmas if a suitable donor could not be found. But the day before he was due to begin the grueling treatment, an altruistic donor was found to be a suitable match.

After undergoing surgery in Newcastle, Mr Buchan, 69, is already starting to feel the benefits and is naturally full of praise for the anonymous donor of his new kidney. "It is just such a wonderfully generous and magnanimous thing to do," he said. "What an extraordinarily generous nature they must have."



John Buchan

WELCOME TO A NEW CONSULTANT ORTHODONTIST



Mrs Sally Walker

Mrs Sally Walker has joined our Trust as a Consultant Orthodontist.

Training:

- Qualified 1999 from Newcastle University
- General dental practice in County Durham
- SHO in oral and maxillofacial surgery in Newcastle
- Orthodontic SpR training in Newcastle and Middlesbrough, then further FTTA training in Sheffield and Mexborough
- MSc in orthodontics Newcastle University

Special interests:

- Patients with cleft lip and palate
- Complex malocclusions
- Enjoys teaching – involved in teaching undergraduate dental students and orthodontic specialist trainees

Societies:

- British Orthodontic Society
- Craniofacial Society of Great Britain and Ireland

Interests/hobbies:

- Enjoys fell walking, cooking and travel

Who's Who and How to Make Contact

West Cumberland Hospital – For those numbers without direct dial, please call 01946 693181 and ask for the extension number

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A & E	Mr Mike Greene Mr Charles Brett	BRANTHWAITE Carol	Ext 4270
Elderly Care	Dr Nicholas Russell	MCALEAVY Judith	(01946) 523902
Elderly Care	Dr Olu Orugun	RICHARDSON Judith	(01946) 523117
Elderly Care	Dr Ahmed Zeidan Dr Arnold Gotsman	WALKER Linda	(01946) 523085
Cardiology	Dr Kate Willmer	LAMB Suzanne	(01946) 523016
Cardiology	Dr Dariusz Koziara	JOHNSEN Linda	(01946) 523005
Respiratory	Dr Shahedal Bari	CONNOR Mary-Rose	(01946) 523007
Medical/Gastro	Dr Babur Javaid	MCCLEAN Donna	(01946) 523024
Medical/Gastro	Dr Zahid Mahmood	MCILLROY Linda	(01946) 523011
Diabetics	Dr Stewart Sawers Dr Hilary Sawers	JOHNSTONE Carole	(01946) 523010
Cardiac Rehab	Ms Mandy Waite	O'CONNOR Joanna	(01946) 523018
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01946) 523219
Obs & Gynae	Mr Steve Bober Dr Kathleen Gillies	LUCAS Christine	(01946) 523215
Obs & Gynae	Mr John Eldred	SCOON Wendy	(01946) 523222
Obs & Gynae	Mr Sudipta Paul	WREN Hilary	(01946) 523217
OPD (Neurology/dermatology)	Visiting Consultants	COYLES Wendy	(01946) 523003
OPD (Oral/plastics)	Visiting Consultants	CRAWFORD Jenny	(01946) 523291
OPD (ENT)	ENT Surgeons	BEAR Mary (Mon-Wed) ROBINSON Linda (Wed-Fri)	(01946) 523040

Ophthalmology	Mr Peter Sellar Mr Soonu Verghese	SUTCLIFFE Kath	(01946) 523065
Orthopaedics	Mr Suresh Rao	ROME Linda	(01946) 523192
Orthopaedics	Mr Steven Allcock	DURBER Katie	(01946) 523193
Orthopaedics	Mr Peter Fismer	SOWERBY Janice	(01946) 523189
Orthopaedics/Anaesthetics	Dr Bert Van-Mourik	STANTON Kellie	(01946) 523198
Orthopaedics	Mr Patrick Armstrong	YOUNG Sylvia	(01946) 523197
Orthopaedics	Mr Mahesh Dhebar	CARR Lesley	(01946) 523192
Orthopaedics	Mr Ashraf Naguib	LEAK Fiona	(01946) 523198
Paediatrics	Dr Deb Lee	MINNIKIN Sharon	(01946) 523158
Paediatrics	Dr Patricia Carter Dr Denise Ullman	MCCONVEY Val	(01946) 523150
Paediatrics (CPU)	Dr Mahfud Ben-Hamida	ROBERTS Diane	(01946) 523165
YDU	Dr Dianne Roberts	ANDERSON Debbie	Ext 2918
Anaesthetics	Dr Fiona Graham/Dr Phillip Cartwright/Dr Mark Holliday	BENSON Geraldeen	(01946) 523412
Surgical (Colorectal)	Mr Ernest Jehangir	WILKINSON Gill	(01946) 523041
Surgical (Colorectal)	Mr Des O'Callaghan	MCCONVEY Linda	(01946) 523045
Surgical (Vascular)	Mr Mike Walker	KERR Julie	(01946) 523047
Surgical (Vascular)	Mr Adam Sowinski	SKINNER Anne	(01946) 523059
Surgical (Urology)	Mr Jamshed Bashir	RICE Margaret	(01946) 523042
Surgical	Mr Amro Salem (Locum)	ELLIOT Carol	(01946) 523042
Palliative Care	Dr Jim Palmer Dr Helen Rowe	WILLIAMSON Jean	Ext 3089
Pathology	Dr Nick West	MCINTYRE Carol	(01946) 523426
Vascular Lab		GATES Sue	Ext 4027

Cumberland Infirmary Contact Numbers

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A&E	Mr Vincent Foxworthy	BRENNAN Lesley/MELDRUM Jackie DIXON Wendy	(01228) 814401
Anaesthetics	Dr Adrian Shanks/Dr Yoav Tzabar Dr Mark Tidmarsh/Dr Jon Sturman/Dr Ewa Jankowska	WILTON Janette/BUSBY Helen	(01228) 814312
ATC Co-ordinators		KING Caroline	(01228) 814435
ATC Secretary		TOPPIN Sheila	(01228) 814437
Dermatology	Dr Khurshi Bazmi/Dr Marinela Nik	HALLIBURTON Ann	(01228) 814150
Diabetes	Annette Routledge/Joanne Mason	MATTINSON Julie	(01228) 814780
Diabetes	Dr Hilary Sawers/Dr Stewart Sawers	BOUCH Wendy/McDONAGH Michelle	(01228) 814140
Elderly Care	Dr D Paul Davies/ Dr Henry Woodford	JONES Julie	(01228) 814438/2514
Elderly Care	Dr Jane Orgee	HOPE Christine	(01228) 814458
Elderly Care	Dr John Billett	HILL Alison	(01228) 814456
Elderly Care	Dr Jim George	FOSTER Marjorie	(01228) 814029
ENT	Mr Nick Murrant	BURNS Karen	(01228) 814206
ENT	Mr Donald Clark	FLEMING Tracy	(01228) 814208
ENT	Mr Andrew Robson	MACKENZIE Margaret	(01228) 814207
ENT	Mr Richard Hogg	SHAW Linda	(01228) 814718
Gastroenterology	Dr Denis Burke	JOHNSTON Judith	(01228) 814138
Gastroenterology	Dr Chris Macdonald	NOBLE Kim	(01228) 814184
GU Medicine	Dr Belinda Stanley	EDWARDS Ann/DEVANEY Kerry	(01228) 814814
Medical	Dr Madalina Garbi	LEECH Sandra	(01228) 814565
Medical	Dr Martin Cowley	HARRISON Anne	(01228) 814034
Medical	Dr Simon Fearby	SHANE Carol	(01228) 814142

Medical	Dr Mary Hewson	PARTINGTON Judith	(01228) 814063
Medical		SHECKLEY Marie	(01228) 814033
Neurology	Dr D Bateman	Vacant	(01228) 814244
Neurology	Dr Katya Lassak	BOWMAN Sarah	(01228) 814439
Neuro-Rehab	Dr Mark Roberts	GILL Jane	(01228) 814478
Obs & Gynae	Dr Nalini Munjuluri	LITTLE Heather	(01228) 814215
Obs & Gynae	Dr Ruth Lawley	COX Pam	(01228) 814213
Obs & Gynae	Dr Laura Hipple	TODD Lesley	(01228) 814272
Obs & Gynae	Dr Sheila Pearson	PARK Lavinia	(01228) 814217
Obs & Gynae	Mr Ajith	HEANEY Kerry	(01228) 814211
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01228) 523444
Oncology	Dr Paul Dyson	GRAHAM Lynda	(01228) 814684
Oncology	Dr Josef Kovarik	FRASER Sandra	(01228) 814446
Oncology	Dr Sandeep Singhal	KELLY June	(01228) 814447
Oncology	Dr Jonathan Nicoll	PURDHAM Pauline	(01228) 814688
Ophthalmology	Mr Gerard Ainsworth/ Miss Diana Depla/Mr Tim Shetty	HULBERT Diane	(01228) 814449
Ophthalmology	Mr Mohammed Zaheen/Mr Murad Moosa	NIEMIEN Jane	(01228) 814476
Ophthalmology	Mr Roger Smith/Ms Diana Depla	SPENCER Dee	(01228) 814461
Oral Surgery	Mr Anthony Patterson	WANLEY Judith	(01228) 814224
Oral Surgery	Mr Graham Putnam	BRADLEY Sue	(01228) 814222
Orthodontics	Mrs Fiona Nixon	HIRD Elizabeth	(01228) 814225
Orthodontics	Mrs Sally Walker	HIRD Elizabeth	(01228) 814225
Orthopaedics	Miss Gail Ferrier	COLLIER Sarah	(01228) 814752
Orthopaedics	Miss Carol Brignall	PESCOD Alison	(01228) 814756
Orthopaedics	Mr Guy Broome	TAYLOR Karen	(01228) 814758
Orthopaedics	Mr Mike Orr	RAYMENT Linda	(01228) 814760

Orthopaedics	Mr Keith Ions	MORAN Teresa	(01228) 814754
Orthopaedics	Mr Matt Dawson	O'NEILL Susan	(01228) 814279
Orthopaedics	Mr David MacKay	JACKSON Hazel	(01228) 814759
Orthopaedics	Mr Ramasubramanian Dharmarajan	HOLDEN Lisa	(01228) 814750
Orthopaedics	Miss Claire Young	CRAWFORD Brenda	(01228) 814363
Paediatric	Dr Catriona Stuart	SCOTT Janet	(01228) 814762
Paediatric	Dr John Storr	NIXON Susan (Job Share) HARTLEY Julie	(01228) 814764
Paediatric	Dr Paul Whitehead	McKAY Barbara	(01228) 814168
Paediatric	Dr G Jones / Dr Sunday Ifere	DICKINSON Ann	(01228) 814766
Plastic	Visiting Consultants / Thoracic Surgery	LOWTHER Angela	(01228) 814069
Pathology	Dr Chris Lord/Dr Christine Matthews	BOWE Margaret	(01228) 814533
Pathology	Dr Joanne Wilkinson	DAVIDSON Sandra	(01228) 814535
Pathology	Dr Mary Jenkins/ Dr Fergus Young	MILLS Janice	(01228) 814529
Pathology	Dr Chris Lord/ Dr Shirley Matthews	GILLES Michelle	(01228) 814533
Haematology	Dr Hugh O'Brien	DOCHERTY Angela	(01228) 814511
Radiology	Dr Ron McNeil	CLEMINSON Fiona	(01228) 814575/4589
Radiology	Dr Jon Berry/ Dr John Edge/ Dr Alaa Sayed/Dr Sarat Gadde	CUMBERLAND Penn	(01228) 814575/4589
Radiology	Dr Peter Jennings/ Dr Jonathan Poels	DODD Doris	(01228) 814349
Radiology	Dr Geoff Athey/Dr Rachel England	MURRAY Nicola	(01228) 814576
Renal	Dr Paul Mead	MELLISH Therese	(01228) 814772
Renal	Dr Fiona Dallas	JOHNSTON Julie	(01228) 814772
Renal	Dr Mark Boxall	LYNN Gillian	(01228) 814701
Rheumatology	Dr John McCrea/ Dr Alaa Hassan	DIXON Wendy/ CAFFAREL Hazel/ ATWELL Christine	(01228) 814428/4472 or 4347
Surgical	Mr Joseph Thomas	PEDROSA Susan	(01228) 814149
Surgical	Mr Theo Ojimba	ROOK Helen	(01228) 814433

Surgical	Mr Frank Hinson	FOGG Yvonne	(01228) 814364
Surgical	Mr Jim Palmer	NIXON Ann	(01228) 814147
Surgical	Mr Mike Williams	OGLANBY Alison	(01228) 814146
Surgical	Mr Simon Raimes /Mr John Wayman	TUCK Liz	(01228) 814144
Urology	Mr Jamshed Bashir	CAIG Natasha	(01228) 814459
Urology	Mr John Cumming	HALFORD Joanne	(01228) 814779
Urology	Mr Nkem Umez-Eronini	LEWIS Paula	(01228) 814776
	Lead Secretary (Medical & Elderly)	WHITEHEAD Denise	(01228) 814032
	Surgical secretaries manager (Orthopaedic, ENT, Ophthalmology, Orthodontics and Oral Surgery)	GLOVER David	(07769) 673223
	Surgical secretaries manager (General Surgery and rest of surgical division)	CARR Anita	(01946) 693181 ext 4044