

GP BRIEF

Newsletter for GPs and Practice Managers in Cumbria

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MORE HIGH PRAISE FOR OUR HOSPITALS

These past few weeks have continued to see our hospitals showered with praise for delivering high quality care to our patients.

Firstly, our hospitals received a glowing report from the Care Quality Commission for our infection prevention work following an unannounced visit. Secondly, a survey published by the CQC last month shows the Trust placed in the top 20% in the country for several aspects of its outpatient service.

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SPECIAL

All our consultants, secretaries and contacts – updated each month

And thirdly, we have achieved Level 1 for our Acute and Maternity Services from the NHS Litigation Authority.

The findings of the CQC Outpatient Survey reveal that our patients have confidence and trust in the doctors and other

healthcare professionals examining and treating them, with staff showing a good awareness of the patients' medical history. The Trust was placed in the top 20% performing trusts in the country for this and also for staff showing respect to the patients, giving them a high level of information about their condition and treatment, and not talking about patients in front of them as if they weren't there.

Patients also placed the Trust in the top 20% nationally for the way test results were explained, how staff explained what would happen before treatment, and how the risks and benefits of the treatment were explained. Chief Executive Carole Heatly said: "This is yet further confirmation that we are delivering the level of care our patients ask of us and deserve."

Carole once again emphasised how successful the spot check visit by the CQC on infection prevention had been, praising staff at last week's Trust Board meeting.

"The official report was very complimentary and positive," she said. "This is a fantastic achievement, especially bearing in mind the inspectors arrived on the busiest day of the year at a very difficult time with high demand for our services and in the middle of a Norovirus outbreak."



PRIVACY AND DIGNITY – AN UPDATE

Our Trust has been working hard to provide every patient with same-sex accommodation. This follows a Department of Health announcement in January 2009 of a package of measures designed to “all but eliminate mixed-sex accommodation” in all hospitals by 2010.



The deadline for compliance is **31 March** so we are now planning a final push to ensure we meet this. Posters have been sent to all wards, explaining the Delivering Same-Sex Accommodation programme to patients. Please ensure these are displayed in a prominent position. Patient leaflets with further information are also being distributed throughout both hospitals.

Chief Executive Carole Heatly said: “A lot of work has already been undertaken to eliminate mixed-sex accommodation including new shower rooms, separate changing facilities and appropriate signage. I would like to thank staff for your help with this and also for your patience during the disruption this may have caused. I would also like to thank you for your contributions to the audits which NHS North West requires us to carry out each month.”

LEARNING LESSONS FROM MID STAFFS

The Trust has paid close attention to the report into care provided by Mid Staffordshire NHS Foundation Trust, published by the Department of Health last week.

Concerns about mortality and the standard of care provided at the Trust resulted in an investigation by the Healthcare Commission (HCC), which published a highly critical report in March 2009. This was followed by two reviews commissioned by the DoH. These investigations gave rise to widespread public concern.

Following this an independent inquiry was set up, primarily to give those most affected by poor care an opportunity to tell their stories and to ensure that the lessons to be learnt from those experiences were fully taken into account in the rebuilding of confidence in the Trust.

The subsequent report reflects the level and depth of the inquiry and the lessons that can be learned across the whole of the NHS.

To ensure we fully embrace the recommendations and learn lessons where we need to our Chief Executive Carole Heatly has asked for a comparison/gap analysis to be produced. This will then inform any improvements we need to make or any lessons we could learn.

LEVEL 1 REACHED

Membership of the NHS Litigation Authority (NHSLA) enables NHS organisations to fund the cost of clinical negligence claims. Membership is voluntary and organisations receive a discount on their scheme contributions where they can demonstrate compliance with the relevant NHSLA risk management standards.

North Cumbria University Hospitals Trust (NCUHT) has recently been assessed and achieved Level 1 for both maternity and acute services.

£250,000 BOOST FOR STROKE PATIENTS

Stroke patients in North Cumbria are set to benefit from a £250,000 grant to introduce new technology which will improve diagnosis, after a 'Dragon's Den'-style bid.



Dr Paul Davies

Dr Paul Davies, Consultant Stroke Physician at the Cumberland Infirmary, was one of a team from the Cardiac and Stroke Networks in Lancashire and Cumbria which made the successful application to the NHS Regional Innovation Fund for cash to pay for a Telestroke service.

Telestroke is an innovative way of assessing whether a patient should be given thrombolysis – a clot-busting treatment introduced by our Trust a year ago.

Since then 12 patients have been thrombolysed but none of the hospitals in Cumbria and Lancashire currently provides thrombolysis outside the 9-5 day.

The Telestroke service should allow all eight hospitals within the Network – including the Cumberland Infirmary and West Cumberland Hospital – to provide round the clock thrombolysis for stroke patients.

Dr Davies, along with colleagues from the Network, presented the case for Telestroke before NHS North West's Regional Innovation Fund panel in January. At an event called Dragon's Lair, the team pitched their idea against others from across the region, giving a short presentation and taking questions from the panel, which included NHS North West Chief Executive Mike Farrar.

The Trust hopes to install the Telemedicine equipment and carry out staff training over the summer and introduce the service by November.

WEST CUMBERLAND HOSPITAL REDEVELOPMENT

- ✓ The full planning application for the hospital redevelopment went before Copeland Borough Council last week. Planners have requested a site visit, which should take place next week. The application should then go back before councillors next month
- ✓ The full business case went before the Trust Board this week
- ✓ Work to finalise the internal layout of departments and areas is ongoing with our User Groups
- ✓ The decanting of wards and relocation of staff is continuing
- ✓ The first demolitions are due to take place by April
- ✓ Keep up to date with all the latest developments with the new hospital project at www.buildingyourhospital.ncuh.nhs.uk online


 A graphic featuring a spotlight beam shining down on the word "Spotlight" in a stylized, white, serif font against a dark background with some light speckles.

CARLISLE DENTAL EDUCATION CENTRE

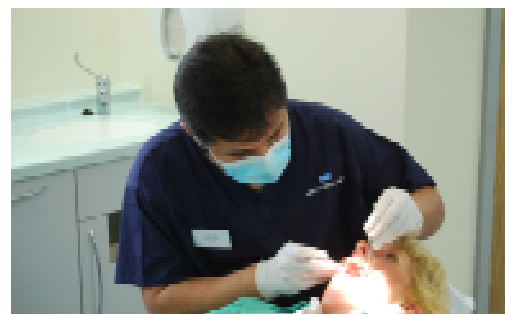
Students and staff at Carlisle Dental Education Centre have celebrated a very successful first year of training the dentists of the future.

The centre was officially opened on February 25 last year by England's Chief Dental Officer Barry Cockcroft – one of four satellite centres for the new University of Central Lancashire (Uclan) dental school in Preston, set up in collaboration with North Cumbria University Hospitals NHS Trust and NHS Cumbria. Since then the Carlisle centre has flourished, helped by close links with the Cumberland Infirmary, where the centre is based.

The trainee dentists are all graduates and include nurses, physiotherapists, microbiologists and doctors. They are studying for the four-year Bachelor of Dental Surgery (BDS) degree, where the first two years of a standard five-year BDS course are condensed into the first year, taught at Preston. The students then spend three years at one of the dental education centres in Carlisle, Accrington, Blackpool and Morecambe.

Senior Clinical Tutor John Mellor explained: "It's a completely new way of training dentists. We are going for a more practical experience than in the traditional dental schools.

"Our students will have had around three times as much practice on patients by the end of the course compared with those on more traditional courses."



Tutor Kumar Datla

Teaching staff and students at the Carlisle centre say their location on the Cumberland Infirmary site is giving the students the best possible start to their careers. Consultants from departments throughout the hospital have been more than willing to offer their expertise, both in lecturing at the state-of-the-art Dental Education Centre and in supervising students on placements in hospital departments including Orthodontics and Maxillofacial. Mr Mellor added: "Carlisle is a 'super DEC' (Dental Education Centre) for video conferencing – a lot of consultants come from the acute trust to give lectures which are then broadcast to the other three education centres in Lancashire. The consultants have been very supportive from day one, both in setting up the course and now with helping the students.

"We are also really grateful to the Trust for providing us with a common room in the Education Centre which we share with the medical students."

On a traditional BDS course, the staff-student ratio is one to eight; at Carlisle it is closer to one to one. Eight local dental practitioners come into the centre at least one day a week to act as clinical supervisors so the students are never really waiting for anyone to help them or to check their work. The centre also houses a community dental service provided by NHS Cumbria and offers emergency dental appointments for those requiring urgent treatment in north Cumbria.

It is hoped many of the students will stay in Cumbria to work once they qualify. Tutor Kumar Datla said: "This is one of only two dental schools set up in the last 50 years – the other is in Exeter – so we are really lucky to have this here. We're hoping to get more students from the local area. They have integrated really well with the staff."

QUIT SMOKING CLINICS INTRODUCED AT CUMBERLAND INFIRMARY



Liz Kenny, Work Place Specialist Stop Smoking Advisor (back) and Lesley Barlow, Stop Smoking Advisor

Specialist clinics have been introduced at the Cumberland Infirmary in Carlisle to help patients and staff quit smoking.

Smokers who want to give up will be offered free confidential advice on how to quit and nicotine replacement therapy if needed at weekly clinics held within the hospital.

The clinics will be run every Thursday by NHS Cumbria's Stop Smoking Service advisor Lesley Barlow in a room which has been set aside in the Outpatients department, alongside the specialist chest clinic. Patients being treated at the Cumberland Infirmary will be asked whether they smoke and would like help giving up. If the patient says yes, they will be booked in for an appointment at the new clinic.

It is hoped the on-site clinics and easy referral system will make it easier for acute patients and staff to access smoking cessation services, rather than having to make an appointment themselves or go elsewhere to be seen.

The Trust is also supporting NHS Cumbria in organising events in the run up to national No Smoking Day on Wednesday, 10 March, with information displays in both the Cumberland Infirmary and the West Cumberland Hospital in Whitehaven.

CUMBERLAND INFIRMARY WELCOMES NEW CONSULTANT RADIOLOGIST

Name: Dr Alaa A Sayed

Job Title: Consultant Radiologist

Training: Ain Shams University, Egypt 2001

Qualifications: MBBCH (2001)
MSc Radiologist 2005
FRCR (2007)
CCT (2009)

Special Interests: Hepatobiliary Imaging
Cross Sectional Imaging
Interventional Radiology

Societies: Egyptian Society of Radiologists
Royal College of Radiologists



Interests & Hobbies:
Computing
Ping pong
Swimming

Who's Who and How to Make Contact

West Cumberland Hospital – For those numbers without direct dial, please call 01946 693181 and ask for the extension number

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A & E	Mr Mike Greene Mr Charles Brett	BRANTHWAITE Carol	Ext 4270
Elderly Care	Dr Nicholas Russell	MCALEAVY Judith	(01946) 523902
Elderly Care	Dr Olu Orugun	RICHARDSON Judith	(01946) 523117
Elderly Care	Dr Ahmed Zeidan Dr Arnold Gotsman	WALKER Linda	(01946) 523085
Cardiology	Dr Kate Willmer	LAMB Suzanne	(01946) 523016
Cardiology	Dr Dariusz Koziara	JOHNSEN Linda	(01946) 523005
Respiratory	Dr Shahedal Bari	CONNOR Mary-Rose	(01946) 523007
Medical/Gastro	Dr Babur Javaid	MCCLEAN Donna	(01946) 523024
Medical/Gastro	Dr Zahid Mahmood	MCILLROY Linda	(01946) 523011
Diabetics	Dr Stewart Sawers Dr Hilary Sawers	JOHNSTONE Carole	(01946) 523010
Cardiac Rehab	Ms Mandy Waite	O'CONNOR Joanna	(01946) 523018
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01946) 523219
Obs & Gynae	Mr Steve Bober Dr Kathleen Gillies	LUCAS Christine	(01946) 523215
Obs & Gynae	Mr John Eldred	SCOON Wendy	(01946) 523222
Obs & Gynae	Mr Sudipta Paul	WREN Hilary	(01946) 523217
OPD (Neurology/dermatology)	Visiting Consultants	COYLES Wendy	(01946) 523003
OPD (Oral/plastics)	Visiting Consultants	CRAWFORD Jenny	(01946) 523291
OPD (ENT)	ENT Surgeons	BEAR Mary (Mon-Wed) ROBINSON Linda (Wed-Fri)	(01946) 523040

Ophthalmology	Mr Peter Sellar Mr Soonu Verghese	SUTCLIFFE Kath	(01946) 523065
Orthopaedics	Mr Suresh Rao	ROME Linda	(01946) 523192
Orthopaedics	Mr Steven Allcock	DURBER Katie	(01946) 523193
Orthopaedics	Mr Peter Fismer	SOWERBY Janice	(01946) 523189
Orthopaedics/Anaesthetics	Dr Bert Van-Mourik	STANTON Kellie	(01946) 523198
Orthopaedics	Mr Patrick Armstrong	YOUNG Sylvia	(01946) 523197
Orthopaedics	Mr Mahesh Dhebar	CARR Lesley	(01946) 523192
Orthopaedics	Mr Ashraf Naguib	LEAK Fiona	(01946) 523198
Paediatrics	Dr Deb Lee	MINNIKIN Sharon	(01946) 523158
Paediatrics	Dr Patricia Carter Dr Denise Ullman	MCCONVEY Val	(01946) 523150
Paediatrics (CPU)	Dr Mahfud Ben-Hamida	ROBERTS Diane	(01946) 523165
YDU	Dr Dianne Roberts	ANDERSON Debbie	Ext 2918
Anaesthetics	Dr Fiona Graham/Dr Phillip Cartwright/Dr Mark Holliday	BENSON Geraldeen	(01946) 523412
Surgical (Colorectal)	Mr Ernest Jehangir	WILKINSON Gill	(01946) 523041
Surgical (Colorectal)	Mr Des O'Callaghan	MCCONVEY Linda	(01946) 523045
Surgical (Vascular)	Mr Mike Walker	KERR Julie	(01946) 523047
Surgical (Vascular)	Mr Adam Sowinski	SKINNER Anne	(01946) 523059
Surgical (Urology)	Mr Jamshed Bashir	RICE Margaret	(01946) 523042
Surgical	Mr Amro Salem (Locum)	ELLIOT Carol	(01946) 523042
Palliative Care	Dr Jim Palmer Dr Helen Rowe	WILLIAMSON Jean	Ext 3089
Pathology	Dr Nick West	MCINTYRE Carol	(01946) 523426
Vascular Lab		GATES Sue	Ext 4027

Cumberland Infirmary Contact Numbers

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A&E	Mr Vincent Foxworthy	BRENNAN Lesley/MELDRUM Jackie DIXON Wendy	(01228) 814401
Anaesthetics	Dr Adrian Shanks/Dr Yoav Tzabar Dr Mark Tidmarsh/Dr Jon Sturman/Dr Ewa Jankowska	WILTON Janette/BUSBY Helen	(01228) 814312
ATC Co-ordinators		KING Caroline	(01228) 814435
ATC Secretary		TOPPIN Sheila	(01228) 814437
Dermatology	Dr Khurshi Bazmi/Dr Marinela Nik	HALLIBURTON Ann	(01228) 814150
Diabetes	Annette Routledge/Joanne Mason	MATTINSON Julie	(01228) 814780
Diabetes	Dr Hilary Sawers/Dr Stewart Sawers	BOUCH Wendy	(01228) 814140
Elderly Care	Dr D Paul Davies/ Dr Henry Woodford	JONES Julie	(01228) 814438/2514
Elderly Care	Dr Jane Orgee	HOPE Christine	(01228) 814458
Elderly Care	Dr John Billett	HILL Alison	(01228) 814456
Elderly Care	Dr Jim George	FOSTER Marjorie	(01228) 814029
ENT	Mr Nick Murrant	BURNS Kath	(01228) 814206
ENT	Mr Donald Clark	FLEMING Tracy	(01228) 814208
ENT	Mr Andrew Robson	MACKENZIE Margaret	(01228) 814207
ENT	Mr Richard Hogg	SHAW Linda	(01228) 814718
Gastroenterology	Dr Denis Burke	JOHNSTON Judith	(01228) 814138
Gastroenterology	Dr Chris Macdonald	NOBLE Kim	(01228) 814184
GU Medicine	Dr Belinda Stanley	EDWARDS Ann/DEVANEY Kerry	(01228) 814814
Medical	Dr Madalina Garbi	LEECH Sandra	(01228) 814565
Medical	Dr Martin Cowley	HARRISON Anne	(01228) 814034
Medical	Dr Simon Fearby	SHANE Carol	(01228) 814142

Medical	Dr Mary Hewson	PARTINGTON Judith	(01228) 814063
Medical		SHECKLEY Marie	(01228) 814033
Neurology	Dr D Bateman	Vacant	(01228) 814244
Neurology	Dr Katya Lassak	BOWMAN Sarah	(01228) 814439
Neuro-Rehab	Dr Mark Roberts	GILL Jane	(01228) 814478
Obs & Gynae	Dr Nalini Munjuluri	LITTLE Heather	(01228) 814215
Obs & Gynae	Dr Ruth Lawley	COX Pam	(01228) 814213
Obs & Gynae	Dr Laura Hipple	TODD Lesley	(01228) 814272
Obs & Gynae	Dr Sheila Pearson	PARK Lavinia	(01228) 814217
Obs & Gynae	Mr Ajith	HEANEY Kerry	(01228) 814211
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01228) 523444
Oncology	Dr Paul Dyson	GRAHAM Lynda	(01228) 814684
Oncology	Dr Josef Kovarik	FRASER Sandra	(01228) 814446
Oncology	Dr Sandeep Singhal	KELLY June	(01228) 814447
Oncology	Dr Jonathan Nicoll	PURDHAM Pauline	(01228) 814688
Ophthalmology	Mr Gerard Ainsworth/ Mr Tim Shetty	HULBERT Diane	(01228) 814449
Ophthalmology	Mr Mohammed Zaheen/Mr Murad Moosa	NIEMIEN Jane	(01228) 814476
Ophthalmology	Mr Roger Smith/Ms Diana Depla	SPENCER Dee	(01228) 814461
Oral Surgery	Mr Anthony Patterson	WANLEY Judith	(01228) 814224
Oral Surgery	Mr Graham Putnam	BRADLEY Sue	(01228) 814222
Orthodontics	Mrs Fiona Nixon	HIRD Elizabeth	(01228) 814225
Orthodontics	Mrs Sally Walker	HIRD Elizabeth	(01228) 814225
Orthopaedics	Miss Gail Ferrier	COLLIER Sarah	(01228) 814752
Orthopaedics	Miss Carol Brignall	PESCOD Alison	(01228) 814756
Orthopaedics	Mr Guy Broome	TAYLOR Karen	(01228) 814758
Orthopaedics	Mr Mike Orr	RAYMENT Linda	(01228) 814760
Orthopaedics	Mr Keith Ions	MORAN Teresa	(01228) 814754

Orthopaedics	Mr Matt Dawson	O'NEILL Susan	(01228) 814279
Orthopaedics	Mr David MacKay	JACKSON Hazel	(01228) 814759
Orthopaedics	Mr Ramasubramanian Dharmarajan	HOLDEN Lisa	(01228) 814750
Orthopaedics	Miss Claire Young	CRAWFORD Brenda	(01228) 814363
Paediatric	Dr Catriona Stuart	SCOTT Janet	(01228) 814762
Paediatric	Dr John Storr	NIXON Susan (Job Share) HARTLEY Julie	(01228) 814764
Paediatric	Dr Paul Whitehead	McKAY Barbara	(01228) 814168
Paediatric	Dr G Jones / Dr Sunday Ifere	DICKINSON Ann	(01228) 814766
Plastic	Visiting Consultants / Thoracic Surgery	LOWTHER Angela	(01228) 814069
Pathology	Dr Chris Lord/Dr Christine Matthews	BOWE Margaret	(01228) 814533
Pathology	Dr Joanne Wilkinson	DAVIDSON Sandra	(01228) 814535
Pathology	Dr Mary Jenkins/ Dr Fergus Young	MILLS Janice	(01228) 814529
Pathology	Dr Chris Lord/ Dr Shirley Matthews	GILLES Michelle	(01228) 814533
Haematology	Dr Hugh O'Brien	DOCHERTY Angela	(01228) 814511
Radiology	Dr Ron McNeil	CLEMINSON Fiona	(01228) 814575/4589
Radiology	Dr Jon Berry/ Dr John Edge/ Dr Alaa Sayed/Dr Sarat Gadde	CUMBERLAND Penn	(01228) 814575/4589
Radiology	Dr Peter Jennings/ Dr Jonathan Poels	DODD Doris	(01228) 814349
Radiology	Dr Geoff Athey/Dr Rachel England	MURRAY Nicola	(01228) 814576
Renal	Dr Paul Mead	MELLISH Therese	(01228) 814772
Renal	Dr Fiona Dallas	JOHNSTON Julie	(01228) 814772
Renal	Dr Mark Boxall	LYNN Gillian	(01228) 814701
Rheumatology	Dr John McCrea/ Dr Alaa Hassan	DIXON Wendy/ CAFFAREL Hazel/ ATWELL Christine	(01228) 814428/4472 or 4347
Surgical	Mr Joseph Thomas	PEDROSA Susan	(01228) 814149
Surgical	Mr Theo Ojimba	ROOK Helen	(01228) 814433
Surgical	Mr Frank Hinson	FOGG Yvonne	(01228) 814364

Surgical	Mr Jim Palmer	NIXON Ann	(01228) 814147
Surgical	Mr Mike Williams	OGLANBY Alison	(01228) 814146
Surgical	Mr Simon Raimes /Mr John Wayman	TUCK Liz	(01228) 814144
Urology	Mr Jamshed Bashir	CAIG Natasha	(01228) 814459
Urology	Mr John Cumming	HALFORD Joanne	(01228) 814779
Urology	Mr Nkem Umez-Eronini	LEWIS Paula	(01228) 814776
	Lead Secretary (Medical & Elderly)	WHITEHEAD Denise	(01228) 814032
	Surgical secretaries manager (Orthopaedic, ENT, Ophthalmology, Orthodontics and Oral Surgery)	GLOVER David	(07769) 673223
	Surgical secretaries manager (General Surgery and rest of surgical division)	CARR Anita	(01946) 693181 ext 4044