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## DIRECTORY

All our consultants, secretaries and contacts, updated each month

## Efficiency drive well underway

We have been working hard on a Trust-wide efficiency drive since April, as our cost improvement programme this year is £21 million – far larger than in any previous year.

This is due to a number of factors – the need to pay back capital loans; the cost of duplicating services on two sites; the extra cost of a PFI hospital; and reduced income from NHS Cumbria as fewer patients require acute services with new services being provided in the community and better patient care pathway planning (Closer to Home).

Our efforts to meet this challenge are being made under the QIPP banner – Quality, Innovation, Productivity and Prevention – so that we make the most of this opportunity not only to cut waste and run our services more efficiently but improve patient care. We have appointed a dedicated QIPP team and set up an email address for staff to send in their ideas. Suggestions so far include improving the efficiency of test protocols in pathology and changing to a cheaper method of disposing of clinical waste.

We are undertaking a full and on-going consultation with our staff regarding any service changes.

## CUTTING THE NUMBER OF MISSED APPOINTMENTS

Last month we told you about the service we were planning to pilot across three specialties to try to cut the number of missed appointments. Patients with outpatient appointments in Gynaecology, Oral Surgery and Rheumatology at West Cumberland Hospital and the Cumberland Infirmary will be contacted by text message or phone call a few days before to confirm whether they can attend.

This week you should have received an email from us with a poster attached to publicise this new service. We would be very grateful if you could display the poster in your surgeries to ensure patients are made aware of the service before it is launched.

Posters will also be on display in outpatient areas at our hospitals and we have also publicised the initiative through the local media. If you have any queries about the new service please contact Sara Parker on 01228 523444 ext 3545 or 01946 523712.

## NEW BOOK TO HELP SURGEONS TREAT NERVE INJURIES

A team from our Trust has contributed to a new book to help surgeons treat nerve injuries.



**Guy Broome**

Guy Broome, Consultant Trauma and Orthopaedic Surgeon at the Cumberland Infirmary, is one of four co-authors of *The Management of Nerve Injuries: A Guide from the British Orthopaedic Association*.

The book is intended to give guidance on the management of patients with peripheral nerve injuries – where nerves outside the brain or spinal cord have been damaged, often by trauma. It has chapters on urgent and delayed nerve injury management, the timing of surgery, upper and lower limb nerve injuries, and operation-related nerve injury.

Mr Broome was asked to co-ordinate the project as he is a member of a national network of around 20 peripheral nerve surgeons who meet regularly to discuss best practice. “The British Orthopaedic Association puts out these formal advisory books on controversial areas of practice and this latest one is on nerve injuries,” explained Mr Broome. “We have been working on it for about three years and have had input from the military, including people who have seen lots of horrible injuries in Afghanistan.”

Other contributors to the book from our Trust staff included Matt Dawson, Gail Ferrier and Keith Ions.

One of the recommendations the book makes is the introduction of up-to-date nerve anatomy courses for surgeons and medical students. Mr Broome was among a group to run the first of these a few weeks ago at the Newcastle Surgical Training Centre, based at the Freeman Hospital in Newcastle upon Tyne.

An electronic version of the book has also been published on the British Orthopaedic Association website which also has advice and interactive tools for patients. It can be found at [http://www.boa.ac.uk/en/publications/nerve\\_injuries/](http://www.boa.ac.uk/en/publications/nerve_injuries/).

## HELP FOR PEOPLE FOR NEUROLOGICAL CONDITIONS

New monthly drop-in sessions will begin in Whitehaven this month for anyone experiencing a neurological condition. The ‘Headspace’ sessions will offer advice and support to people with a disorder of the nervous system, including Acquired Brain Injury, Motor Neurone Disease, Multiple Sclerosis, Huntington’s Disease, Parkinson’s and Epilepsy.

The sessions are being held by the Cumbria Community Acquired Brain Injury Rehabilitation Team (CCABIRT), in partnership with Copeland Citizens Advice Bureau, at the CAB offices, Gregg’s Lane, just off Tangier Street in Whitehaven, between 2pm and 4pm on the fourth Wednesday of each month, starting on 27 October 2010.

If you have any queries, please contact CCABIRT on 01228 602155 or Copeland Citizens Advice Bureau on 01946 693321.

## WEST CUMBERLAND HOSPITAL REDEVELOPMENT UPDATE

The redevelopment of West Cumberland Hospital is progressing well with a review process well underway, in light of changes to health service funding, both locally and nationally.

The project team is working with clinicians from the hospital and lead GPs to review options for delivering the scheme within a reduced budget, following the withdrawal of £10 million funding by the North West Regional Development Agency (NWDA).

Despite the budget being reduced from £100 million to £90 million, the redevelopment is still on track, and our Trust is working hard to ensure the new hospital meets the future healthcare needs of the local community.

The review is taking place in conjunction with the lead GPs in Allerdale and Copeland to ensure that the plans for the redevelopment fit in with the role of the emerging GP commissioning bodies in west Cumbria, as outlined in the recent Government White Paper on the NHS.

Kevin Clarkson, Deputy Chief Executive and Chief Operating Officer for North Cumbria University Hospitals NHS Trust, said: "We have set up a number of working groups, made up of clinicians from West Cumberland Hospital and local GPs. They are looking at how care can be delivered more effectively and efficiently in the future by working more closely together.

"We already have some great examples of this, following the Closer to Home consultation, and I am sure the redeveloped hospital will enable us to continue giving patients the care they deserve in the most appropriate setting."

These working groups are expected to reach their initial conclusions by the end of this month. The Trust then hopes to submit a full business case for final approval by NHS North West in January 2011.

Good progress has also been made with regard to the re-provision of inpatient mental health services on the West Cumberland Hospital site. This is necessary because Yewdale Ward, the current location of these services, needs to be demolished to allow the redevelopment to take place. Agreement has now been reached with Cumbria Partnership NHS Foundation Trust that mental health services will be provided in refurbished accommodation in Block J at West Cumberland Hospital.

Plans are well advanced for Stroke and Palliative Care services, which currently occupy that block, to be relocated within existing accommodation on site, with the aim of vacating Block J during November. This should enable the on-site relocation of mental health services from Yewdale Ward to take place in summer 2011. Yewdale Ward is the one remaining area to be decanted and demolished to allow full construction to commence, so this will be a significant milestone when this is achieved.

However, it is expected that works on the already vacated and demolished areas of the site can commence immediately upon approval of the full business case, thereby minimising any delays to the overall programme.

For the latest on the redevelopment of West Cumberland Hospital, visit [www.buildingyourhospital.ncuh.nhs.uk](http://www.buildingyourhospital.ncuh.nhs.uk) online.



## FALL IN HEALTHCARE ASSOCIATED INFECTIONS

Our hospitals saw a significant drop in healthcare associated infections during the first half of this financial year, new figures show.

The Cumberland Infirmary and West Cumberland Hospital reported a large fall in cases of Clostridium difficile infection attributed to our Trust in the first six months of 2010/11.

There were 30 cases between April and September this year – down from 50 during the same period in 2009, 61 in the first half of 2008 and 99 in the first six months of 2007.

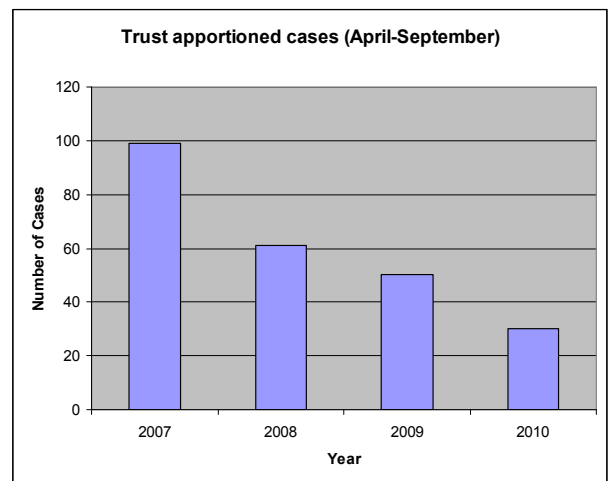
MRSA bacteraemia rates also remain low with only two Trust apportioned cases over this same period – half the number in the first six months of 2009/10.

Dr Clive Graham, Consultant Microbiologist and Associate Medical Director for North Cumbria University Hospitals NHS Trust, said: “These improvements are of significant benefit to the patients of North Cumbria. Each case of infection is a patient; each patient may be significantly unwell and remain in hospital longer than if they had not caught an infection.

“The infection prevention and control team can only take limited credit for these improvements – they are as a result of the hard work of all staff; high levels of hand hygiene, thorough cleaning of the hospital and prudent antibiotic use. It is a team effort.”

He added: “However, we must take these results with an air of caution. The winter months are typically a period of high antibiotic use both in hospital and the community.

“If we are to maintain these low rates of infection then we must restrict antibiotic use to those situations where it has proven benefit and we ask the community not to assume that antibiotics will be given each time they attend their doctor.”



**C difficile rates attributed to North Cumbria University Hospitals NHS Trust**

## RETIREMENT OF DR CHRIS LORD



Dr Chris Lord, Consultant Chemical Pathologist, retired at the end of September after working for our Trust and its predecessors for 28 years, and for the past 15 years at both the Cumberland Infirmary and West Cumberland Hospital.

He is continuing to work for the Trust as a locum pending a full-time permanent replacement.

Dr Hugh O'Brien, far left, is seen presenting a leaving card to Dr Lord.

## Who's Who and How to Make Contact

**West Cumberland Hospital – For those numbers without direct dial, please call 01946 693181 and ask for the extension number**

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A & E	Mr Mike Greene Mr Charles Brett Ms Claire Summers	BRANTHWAITE Carol	Ext 4270
Elderly Care	Dr Nicholas Russell	MCALEAVY Judith	(01946) 523902
	Dr Olu Orugun	RICHARDSON Judith	(01946) 523117
	Dr Ahmed Zeidan Dr Arnold Gotsman	WALKER Linda	(01946) 523085
Cardiology	Dr Kate Willmer	LAMB Suzanne/JOHNSEN Linda	(01946) 523016 (01946) 523005
Respiratory		CONNOR Mary-Rose	(01946) 523007
Medical/Gastro	Dr Babur Javaid	MCCLEAN Donna	(01946) 523024
	Dr Zahid Mahmood	PARK Iris	(01946) 523011
Diabetics	Dr Stewart Sawers Dr Hilary Sawers	JOHNSTONE Carole	(01946) 523010
Cardiac Rehab	Ms Mandy Waite	O'CONNOR Joanna	(01946) 523018
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01946) 523219
	Mr Steve Bober Dr Kathleen Gillies	LUCAS Christine	(01946) 523215
	Mr John Eldred	SCOON Wendy	(01946) 523222
	Mr Sudipta Paul Mr Pradumna Jamjute	WREN Hilary	(01946) 523217
OPD (Neurology/dermatology)	Visiting Consultants	COYLES Wendy	(01946) 523003
OPD (Oral/plastics)	Visiting Consultants	CRAWFORD Jenny	(01946) 523291
OPD (ENT)	ENT Surgeons	BEAR Mary (Mon-Wed) ROBINSON Linda (Wed-Fri)	(01946) 523040

Ophthalmology	Mr Peter Sellar Mr Soonu Verghese	SUTCLIFFE Kath	(01946) 523065
Orthopaedics	Mr Suresh Rao	ROME Linda	(01946) 523192
	Mr Steven Allcock	DURBER Katie	(01946) 523193
	Mr Peter Fisser	SOWERBY Janice	(01946) 523189
	Mr Patrick Armstrong	YOUNG Sylvia	(01946) 523197
	Mr Mahesh Dhebar	CARR Lesley	(01946) 523192
	Mr Ashraf Naguib	LEAK Fiona	(01946) 523198
Orthopaedics/Anaesthetics	Dr Bert Van-Mourik	STANTON Kellie	(01946) 523198
Paediatrics	Dr Deb Lee/Dr Sarah Pennington	MINNIKIN Sharon	(01946) 523158
	Dr Patricia Carter/Dr Denise Ullman	MCCONVEY Val	(01946) 523150
Paediatrics (CPU)	Dr Mahfud Ben-Hamida	ROBERTS Diane	(01946) 523165
YDU	Dr Dianne Roberts	ANDERSON Debbie	Ext 2918
Anaesthetics	Dr Fiona Graham/ Dr Phillip Cartwright/ Dr Mark Holliday/ Dr Ian Ulyett Dr Bert Van-Mourik/ Dr Mike Hodson/Dr Quinten Kingsbury/ Dr Ann Slaymaker	BENSON Geraldene	(01946) 523412
Surgical (Colorectal)	Mr Ernest Jehangir	WILKINSON Gill	(01946) 523041
	Mr Des O'Callaghan	MCCONVEY Linda	(01946) 523045
Surgical (Vascular)	Mr Mike Walker	KERR Julie	(01946) 523047
	Mr Adam Sowinski	SKINNER Anne	(01946) 523059
Surgical (Urology)	Mr Jamshed Bashir, Mr John Cumming, Mr Nkem Umez-Eronini	RICE Margaret	(01946) 523042

Surgical	Mr Amro Salem (Locum)	ELLIOT Carol	(01946) 523042
Palliative Care	Dr Jim Palmer Dr Helen Rowe	WILLIAMSON Jean	Ext 3089
Pathology	Dr Nick West	MCINTYRE Carol	(01946) 523426
Vascular Lab		GATES Sue	Ext 4027

### Cumberland Infirmary Contact Numbers

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A&E	Mr Vincent Foxworthy	BRENNAN Lesley/MELDRUM Jackie	(01228) 814401
Anaesthetics	Dr Adrian Shanks/Dr Yoav Tzabar Dr Mark Tidmarsh/Dr Jon Sturman Dr Ewa Jankowska/Dr David McColl Dr Julian Harrison/Dr Dylan Jones Dr A Linsley/Dr Martin Payne Dr Colin Rodgers/Dr M White Dr Peter Stride/Dr Mark Tidmarsh Dr S Kennedy/Dr Simon Jones Dr Chris Flucker/Dr Jenny Fraser Dr Gail Fitzsimmons/Dr Ruth O'Dowd Dr Jon Sturman	WILTON Janette/BUSBY Helen	(01228) 814312
ATC Co-ordinators		KING Caroline	(01228) 814435
ATC Secretary		TOPPIN Sheila	(01228) 814437
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	Dr Hilary Sawers	BOUCH Wendy	(01228) 814140
Elderly Care	Dr D Paul Davies/ Dr Henry Woodford	JONES Julie	(01228) 814438/2514
	Dr Jane Orgee	HOPE Christine	(01228) 814458
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	Mr Donald Clark	FLEMING Tracy	(01228) 814208
	Mr Andrew Robson	MACKENZIE Margaret	(01228) 814207
	Mr Richard Hogg	SHAW Linda	(01228) 814718



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	Dr Martin Cowley	HARRISON Anne	(01228) 814034
	Dr Simon Fearby	SHANE Carol	(01228) 814142
	Dr Mary Hewson	PARTINGTON Judith	(01228) 814063
		SHECKLEY Marie	(01228) 814033
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Neuro-Rehab	Dr Mark Roberts	GILL Jane	(01228) 814478
Obs & Gynae	Dr Nalini Munjuluri	LITTLE Heather	(01228) 814215
	Dr Ruth Lawley	COX Pam	(01228) 814213
	Dr Laura Hipple	WHITE Carrieanne	(01228) 814272
	Dr Sheila Pearson	PARK Lavinia/HEGGIE Pat	(01228) 814217
	Mr Ajith Wijesiriwardana	HEANEY Kerry	(01228) 814211
	Mr Mohamed Matar	BURNS Karen	(01228) 523444
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	Dr Josef Kovarik	FRASER Sandra	(01228) 814446
	Dr Sandeep Singhal	KELLY June	(01228) 814447
	Dr Jonathan Nicoll	PURDHAM Pauline	(01228) 814688
Ophthalmology	Mr Gerard Ainsworth/ Mr Tim Shetty	HULBERT Diane	(01228) 814449
	Mr Mohammed Zaheen/Mr Murad Moosa	NIEMIEN Jane	(01228) 814476
	Mr Roger Smith/Ms Diana Depla	SPENCER Dee	(01228) 814461
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	Mr Graham Putnam	BRADLEY Sue	(01228) 814222
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	Mrs Sally Walker	HIRD Elizabeth	(01228) 814225
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	Miss Carol Brignall	PESCOD Alison	(01228) 814756
	Mr Guy Broome	TAYLOR Karen	(01228) 814758
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	Mr Matt Dawson	O'NEILL Susan	(01228) 814279
	Mr David MacKay	JACKSON Hazel	(01228) 814759
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	Dr Paul Whitehead	McKAY Barbara	(01228) 814168
	Dr G Jones / Dr Sunday Ifere	DICKINSON Ann	(01228) 814766
Plastic	Visiting Consultants / Thoracic Surgery		(01228) 523444
Pathology	Dr Chris Lord/Dr Christine Matthews	BOWE Margaret	(01228) 814533
	Dr Joanne Wilkinson	DAVIDSON Sandra	(01228) 814535
	Dr Mary Jenkins/ Dr Fergus Young	MILLS Janice	(01228) 814529
	Dr Chris Lord/ Dr Shirley Matthews	GILLES Michelle	(01228) 814533
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		CUMBERLAND Penn	(01228) 814575/4589
	Dr Peter Jennings/ Dr Jonathan Poels	DODD Doris	(01228) 814349
	Dr Rachel England	MURRAY Nicola	(01228) 814576
Renal	Dr Paul Mead	MELLISH Therese	(01228) 814772
	Dr Fiona Dallas	JOHNSTON Julie	(01228) 814772
	Dr Mark Boxall	LYNN Gillian	(01228) 814782

Rheumatology	Dr Alaa Hassan	DIXON Wendy/ ATWELL Christine	(01228) 814428/4347
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	Mr Theo Ojimba	ROOK Helen	(01228) 814433
	Mr Frank Hinson	FOGG Yvonne	(01228) 814364
	Mr Jim Palmer	NIXON Ann	(01228) 814147
	Mr Mike Williams	OGLANBY Alison	(01228) 814146
	Mr Simon Raimes /Mr John Wayman	TUCK Liz	(01228) 814144
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	Mr John Cumming	HALFORD Joanne	(01228) 814779
	Mr Nkem Umez-Eronini	LEWIS Paula	(01228) 814776
	Lead Secretary (Medical & Elderly)	WHITEHEAD Denise	(01228) 814032 Mob: 07771844209
	Surgical secretaries manager (Orthopaedic, ENT, Ophthalmology, Orthodontics and Oral Surgery)	GLOVER David	(07769) 673223
	Surgical secretaries manager (General Surgery and rest of surgical division)	CARR Anita	(01946) 693181 ext 4044