

GP BRIEF



Newsletter for GPs and Practice Managers in Cumbria • Issue 17 • January 2011

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DIRECTORY

All our consultants, secretaries and contacts, updated each month

Update on our efficiency drive

As we reported last year, our Trust is facing a huge cost improvement programme at the moment. As a result of a number of factors – the need to pay back capital loans; the cost of duplicating services on two sites; the extra cost of a PFI hospital; and reduced income from NHS Cumbria as more services are provided in the community with better patient care pathway planning (Closer to Home) – we need to save £21 million this financial year. With less than three months to go, a Trust-wide efficiency drive is in full swing.

We are carrying out significant reviews into management costs, estates costs, our bed configuration and our nursing skill mix. These are continuing and will start to fall into place soon.

Non-essential spending – We need to make more changes, faster in order to reach our £21 million target. We have been overspending on many of our budgets including drugs and medical and surgical purchases so a stop has been put on all non-essential spending and our staff have been ordered to ensure they get the best from our suppliers and negotiate the most competitive prices

Nursing review – Weekly meetings have been held for several months now to consult with nursing staff on proposals to reorganise our nursing structure to ensure we have the right skill mix on all wards and areas. Two drafts of the proposals have been published so far and a third draft is due shortly.

Estates – We have reviewed all of our base rates to get a reduction, and also our service level agreements, and have reached agreement with other NHS organisations that they will pay for services they receive from us such as cleaning, maintenance etc.

Outpatient appointments – We need to reduce the number of follow-up appointments in line with the GP commissioners' plans ie ensure we only treat the patients you want us to. We have a project up and running which will be rolled out to all clinicians, asking them to review their patients and clinic templates.

As reported last year, we have been trialling a telephone appointment confirmation service in Gynaecology, Oral Surgery and Rheumatology to try to cut the number of missed appointments. Initial feedback indicates this scheme has cut DNA rates by around a third in these areas, freeing up appointments for other patients.

WINNING THE FIGHT AGAINST INFECTION ON OUR WARDS

Our hospitals are winning the battle against infection on the wards, new figures show.

Hard work by clinical teams to minimise infections means there have been no post-48 hour MRSA bacteraemia for a full six months at West Cumberland Hospital, and for seven months at the Cumberland Infirmary.

There have been just two cases in the whole financial year – one in April 2010 and one in May – putting our Trust well on course to stay below the target of no more than six for the year, set by the Department of Health.

The figures record cases of MRSA bacteraemia which occurred in patients more than 48 hours after admission, which can therefore be attributed to the hospital. Last year (2009/10) there were nine cases in total, so this year is showing a significant improvement so far.

The Trust is also performing very well on Clostridium difficile. There were just 39 cases of the infection attributed to the Trust in the first eight months of the financial year, to November 2010. The target is to remain below 120 for the year, and the efforts of hospital staff mean the Trust is well on track to achieve that. Last year there were 130 cases attributed to the Trust, against a target of no more than 156, so this year's figures indicate a dramatic fall so far.

At this week's monthly Trust Board meeting, Trust Chairman Mike Little paid tribute to the work of the infection prevention and control teams at both hospitals for their fantastic efforts in continuing to cut infection rates. He said he would be writing personally to staff to commend them particularly for their efforts in fighting and containing norovirus, the winter vomiting bug. So far this winter there have been far fewer wards and bays closed than last year as a result of strict hygiene protocols to minimise the spread of the nasty bug.

Alex Galdins, Lead Nurse for Infection Prevention at the Trust, said: "This winter has been a very busy time for our hospitals, with patients with a wide variety of infections being admitted, as has been noted nationally. Infection prevention and control within the hospitals therefore has been a great challenge. We therefore continue to request visitors to restrict themselves from the hospital if they have flu-like symptoms, such as a sore throat, cough or runny nose, or diarrhoea or vomiting, and use hand hygiene precautions when in hospital."

THE PRODUCTIVE OPERATING THEATRE (TPOT)

The Productive Operating Theatre (TPOT) is an exciting theatre programme which looks at all the different aspects of the way theatres manage patient care. The plan aims to remove waste ie make sure there are no unused sessions, make sure all lists used are fully booked, and develop the daycase service.

The programme has three main goals:

- to increase the safety and reliability of care
- to improve team performance and staff wellbeing
- to add value and improve efficiency.

It is aimed at all staff who work in theatres including consultant surgeons, anaesthetists, theatre matrons, theatre nurses, managers and operating department practitioners.

WEST CUMBERLAND HOSPITAL REDEVELOPMENT UPDATE

As you will be aware, a clinical strategy review process is underway for the West Cumberland Hospital redevelopment, in partnership with local GPs, taking into account last year's Health White Paper and the reduction in capital funding for the project. This review is not now expected to conclude until the end of January. The submission of a revised the Full Business Case (FBC) will not take place until the strategy has been finalised and the impact on the redevelopment has been assessed and incorporated into the scheme.

On completion of the clinical strategy, the Project Team will work as quickly as possible with the clinical user groups to make any necessary amendments to the scheme plans and to ensure that the required facilities can be delivered within the available capital budget of £90 million. It is expected that the revised FBC will not now be submitted to the Trust Board for approval until March 2011.



Work continues on the programme of decanting and refurbishment to allow the on-site relocation of Yewdale Ward which is the one remaining area of the current site to be demolished to allow the new build to take place. Detailed work continues with Cumbria Partnership NHS Foundation Trust staff on the design of the refurbished facilities within J Block to accommodate mental health inpatients. A programme of decanting is underway to vacate existing services from J Block to allow the refurbishment to commence.

New build works are due to begin on site in July 2011, with completion still scheduled before the end of 2013.



Above, Teresa Pilkington and Claire Ennis are congratulated by Deputy Director of Nursing Lesley Carruthers, Matron Andrea Tomlinson and Chief Executive Carole Heatly



CONGRATULATIONS

Eight members of our staff have successfully completed the University Certificate in Stroke Care from the University of Cumbria:

Janice Armstrong, Staff Nurse, Elm A Stroke Unit; **Tania Allan**, Rehab Technician, Elm C Neuro-Rehabilitation Unit; **Carrie Calvert**, Physio Technician, Elm A Stroke Unit; **Valerie Colville**, OT Technician, Elm A Stroke Unit; **Collete Kemp**, Physio Technician, Elm C Neuro-Rehabilitation; **Verity McGuire**, Health Care Assistant, Elm A Stroke Unit; **Claire Ennis**, Health Care Assistant, West Cumberland Hospital Stroke Unit; **Teresa Pilkington**, Health Care Assistant, West Cumberland Hospital Stroke Unit.

Pictured from left, Carrie Calvert, Valerie Colville, Collette Kemp, Verity McGuire and Janice Armstrong. Missing from the picture is Tania Allan


 A graphic featuring a spotlight beam shining down on the word "Spotlight" in a stylized, white, serif font against a dark background with some light speckles.

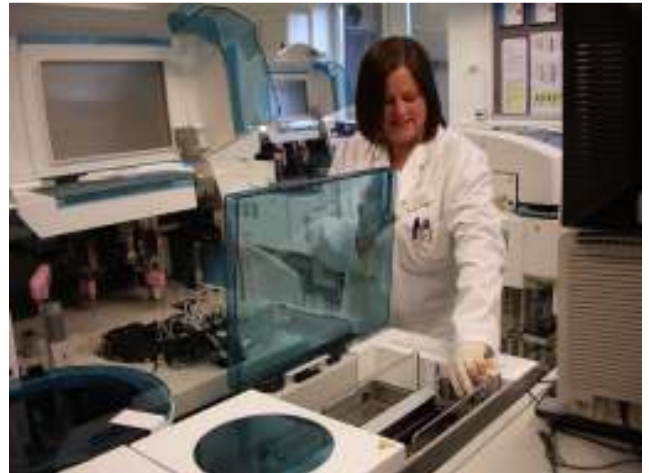
NEW TEST TO DIAGNOSE HEART FAILURE FASTER

Patients in north Cumbria can now benefit from a new faster test for heart failure. Patients across Eden, Copeland, Allerdale and Carlisle who are suffering from breathlessness are now entitled to a blood test which will tell them if they might be suffering from heart failure.

This test is only available to patients through their GP practice.

Laboratory scientists, using a state-of-the-art analyser, will measure the level of a hormone called pro-brain natriuretic peptide (pro-BNP) in the blood sample. Pro-brain natriuretic peptide is only present when a chamber of the heart is struggling, a feature of heart failure.

This new test will allow the quicker diagnosis of heart failure and will also identify people who do not have heart failure so they may not need to undergo unnecessary further tests.



The new test is carried out in the bio-chemistry laboratory at the Cumberland Infirmary

Dr Peter Weaving is the lead GP for Carlisle Locality. He said: "This new procedure is good news for patients across north Cumbria and is a service for GPs we've been keen to offer for a while. It's a great primary care test for diagnosing heart failure faster and earlier which relieves symptoms, improves outlook and identifies those people who will benefit from more specialist tests such as heart scans. I'm really pleased at the way the pathology staff at North Cumbria University Hospitals Trust pulled out all the stops to get this up and running so quickly."

Mike Walker, Medical Director for North Cumbria University Hospitals NHS Trust, said: "This is an excellent development for north Cumbrian patients who may be suffering from heart failure. It is part of a much wider programme of improvements to the service we offer cardiac patients, which will include the repatriation of Percutaneous Coronary Intervention (PCI) from the North East in the future."

PROCEDURE FOR REQUESTING THE TEST

If your practice is able to request electronically then follow the process as directed. The system will ask you some more detailed questions to make sure that the referral is appropriate for the patient. If your practice is not able to request electronically you should complete the Pathology request form as for other tests, and under "others" specify "BNP". You must also complete the paper request form, "NT-Pro BNP order form to be enclosed with specimen". You must tick the boxes to confirm that the test is appropriate for your patient, place the form in with the sample bottle and send the orange tube venous specimen.

For further enquiries regarding this new service please contact Wayne Bradbury, Consultant Biochemist, on 01228 814521.

Who's Who and How to Make Contact

West Cumberland Hospital – For those numbers without direct dial, please call 01946 693181 and ask for the extension number

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A & E	Mr Mike Greene Mr Charles Brett Ms Claire Summers	BRANTHWAITE Carol	Ext 4270
Elderly Care	Dr Nicholas Russell	MCALEAVY Judith	(01946) 523902
	Dr Olu Orugun	RICHARDSON Judith	(01946) 523117
	Dr Frank Local/ Dr Huda	WALKER Linda	(01946) 523085
Cardiology	Dr Kate Willmer	LAMB Suzanne/JOHNSEN Linda	(01946) 523016 (01946) 523005
Respiratory		CONNOR Mary-Rose	(01946) 523007
Medical/Gastro	Dr Babur Javaid	MCCLEAN Donna	(01946) 523024
	Dr Zahid Mahmood	PARK Iris	(01946) 523011
Cardiac Rehab	Ms Mandy Waite	O'CONNOR Joanna	(01946) 523018
Obs & Gynae	Mr Mohamed Matar	BURNS Karen	(01946) 523219
	Mr Steve Bober Dr Kathleen Gillies	LUCAS Christine	(01946) 523215
	Mr John Eldred	SCOON Wendy	(01946) 523222
	Mr Pradumna Jamjute	WREN Hilary	(01946) 523217
OPD (Neurology/dermatology)	Dr Marinela Nik Dr Khurshi Bazmi	COYLES Wendy	(01946) 523003
OPD (Oral/plastics)	Mr Nick Murrant Mr Donald Clark Mr Andrew Robson Mr Richard Hogg	CRAWFORD Jenny	(01946) 523291
OPD (ENT)	ENT Surgeons	BEAR Mary (Mon-Wed) ROBINSON Linda (Wed-Fri)	(01946) 523040

Ophthalmology	Mr Peter Sellar Mr Soonu Verghese	SUTCLIFFE Kath	(01946) 523065
Orthopaedics	Mr Suresh Rao	ROME Linda	(01946) 523192
	Mr Steven Allcock	DURBER Katie	(01946) 523193
	Mr Peter Fisser	SOWERBY Janice	(01946) 523189
	Mr Patrick Armstrong	YOUNG Sylvia	(01946) 523197
	Mr Mahesh Dhebar	CARR Lesley	(01946) 523192
	Mr Ashraf Naguib	LEAK Fiona	(01946) 523198
Pain Management	Dr Bert Van-Mourik	STANTON Kellie	(01946) 523198
Paediatrics	Dr Deb Lee/Dr Sarah Pennington	MINNIKIN Sharon	(01946) 523158
	Dr Patricia Carter/Dr Denise Ullman	MCCONVEY Val	(01946) 523150
Paediatrics (CPU)	Dr Mahfud Ben-Hamida	ROBERTS Diane	(01946) 523165
Anaesthetics	Dr Fiona Graham/ Dr Phillip Cartwright/ Dr Mark Holliday/ Dr Ian Ulyett Dr Bert Van-Mourik/ Dr Mike Hodson/Dr Quinten Kingsbury/ Dr Ann Slaymaker	BENSON Geraldine	(01946) 523412
Surgical (Colorectal)	Mr Ernest Jehangir	WILKINSON Gill	(01946) 523041
		MCCONVEY Linda	(01946) 523045
Surgical (Vascular)	Mr Mike Walker	KERR Julie	(01946) 523047
	Mr Adam Sowinski	SKINNER Anne	(01946) 523059
Surgical (Urology)	Mr Jamshed Bashir, Mr John Cumming, Mr Nkem Umez-Eronini	RICE Margaret	(01946) 523042

Surgical		ELLIOT Carol	(01946) 523042
Palliative Care	Dr Jim Palmer Dr Helen Rowe	WILLIAMSON Jean	Ext 3089
Pathology	Dr Nick West Dr Clive Graham	MCINTYRE Carol	(01946) 523426
Vascular Lab		GATES Sue	Ext 4027

Cumberland Infirmary Contact Numbers

DEPARTMENT	CONSULTANT	SECRETARY	EXT
A&E	Mr Vincent Foxworthy Dr Ruth Read Dr Paul Hill	BRENNAN Lesley/MELDRUM Jackie	(01228) 814401
Anaesthetics	Dr Adrian Shanks/Dr Yoav Tzabar Dr Mark Tidmarsh/Dr Jon Sturman Dr Ewa Jankowska/Dr David McColl Dr Julian Harrison/Dr Dylan Jones Dr A Linsley/Dr Martin Payne Dr Colin Rodgers/Dr M White Dr Peter Stride/Dr Mark Tidmarsh Dr S Kennedy/Dr Simon Jones Dr Chris Flucker/Dr Jenny Fraser Dr Gail Fitzsimmons/Dr Ruth O'Dowd Dr Jon Sturman	WILTON Janette/BUSBY Helen	(01228) 814312
ATC Co-ordinators		KING Caroline	(01228) 814435
ATC Secretary		TOPPIN Sheila	(01228) 814437
Cardiology	Dr Madalina Garbi	LEECH Sandra	(01228) 814565
	Dr Martin Cowley	HARRISON Anne	(01228) 814034
Dermatology	Dr Marinela Nik/ Dr Khurshi Bazmi	HALLIBURTON Ann/CAMPBELL Marie	(01228) 814152
Diabetes	Annette Routledge/Joanne Mason	MATTINSON Julie	(01228) 814780
	Dr Hilary Sawers	BOUCH Wendy	(01228) 814140
Elderly Care	Dr D Paul Davies/ Dr Henry Woodford	JONES Julie	(01228) 814438/2514
	Dr Jane Orgee	HOPE Christine	(01228) 814458
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	Mr Donald Clark	FLEMING Tracy	(01228) 814208
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	Mr Richard Hogg	SHAW Linda	(01228) 814718

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Medical	Dr Simon Fearby	SHANE Carol	(01228) 814142
	Dr Mary Hewson	PARTINGTON Judith	(01228) 814063
		SHECKLEY Marie	(01228) 814033
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	Dr Martin Cowley	HARRISON Anne	(01228) 814034
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Neurology	Dr Katya Lassak	BOWMAN Sarah	(01228) 814439
Neuro-Rehab	Mr Y Jagatsinh	GILL Jane	(01228) 814478
Obs & Gynae	Dr Nalini Munjuluri	LITTLE Heather	(01228) 814215
	Dr Ruth Lawley	COX Pam	(01228) 814213
	Dr Laura Hipple	ALLAN Carrieanne	(01228) 814211
	Dr Sheila Pearson	PARK Lavinia/HEGGIE Pat	(01228) 814217
	Mr Ajith Wijesiriwardana	ALLAN Carrieanne	(01228) 814211
	Mr Mohamed Matar	BURNS Karen	(01228) 523444
Oncology	Dr Paul Dyson	GRAHAM Lynda	(01228) 814684
	Dr Norma Sidek	FRASER Sandra	(01228) 814446
	Dr Sandeep Singhal	KELLY June	(01228) 814447
	Dr Jonathan Nicoll	PURDHAM Pauline	(01228) 814688
Ophthalmology	Mr Gerard Ainsworth/ Mr Tim Shetty	HULBERT Diane	(01228) 814449
	Mr Mohammed Zaheen/Mr Murad Moosa	NIEMIEN Jane	(01228) 814476
	Mr Roger Smith/Ms Diana Depla	SPENCER Dee	(01228) 814461
Oral Surgery	Mr Anthony Paterson	WANLEY Judith	(01228) 814224
	Mr Graham Putnam	BRADLEY Sue	(01228) 814222
	Mr John Elliott	DOWNIE Marie	(01228) 814222

Orthodontics	Mrs Fiona Nixon	HIRD Elizabeth	(01228) 814225
	Mrs Sally Walker	HIRD Elizabeth	(01228) 814225
Orthopaedics	Miss Gail Ferrier	COLLIER Sarah	(01228) 814752
	Miss Carol Brignall	PESCOD Alison	(01228) 814756
	Mr Guy Broome	TAYLOR Karen	(01228) 814758
	Mr Mike Orr	RAYMENT Linda	(01228) 814760
	Mr Keith Ions	MORAN Teresa	(01228) 814754
	Mr Matt Dawson	O'NEILL Susan	(01228) 814279
	Mr David MacKay	JACKSON Hazel	(01228) 814759
	Mr Ramasubramanian Dharmarajan	HOLDEN Lisa	(01228) 814750
	Miss Claire Young	CRAWFORD Brenda	(01228) 814363
Paediatric	Dr Catriona Stuart	SCOTT Janet/LOWTHER Angela	(01228) 814762
	Dr John Storr	NIXON Susan/HARTLEY Julie	(01228) 814764
	Dr Paul Whitehead	McKAY Barbara	(01228) 814168
	Dr G Jones / Dr Sunday Ifere	DICKINSON Ann	(01228) 814766
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Pathology	Dr Christine Matthews/Dr Marie van Drimmelen	BOWE Margaret	(01228) 814533
	Dr Joanne Wilkinson	DAVIDSON Sandra	(01228) 814535
	Dr Mary Jenkins/ Dr Fergus Young	MILLS Janice	(01228) 814529
	Dr Shirley Matthews	GILLES Michelle	(01228) 814533
Haematology	Dr Hugh O'Brien	DOCHERTY Angela	(01228) 814511
Radiology	Dr Jon Berry/ Dr John Edge/Dr Alaa Sayed/Dr Sarat Gadde/Dr Dinakar Unnithan	CLEMINSON Fiona	(01228) 814575/4589
		CUMBERLAND Penn	(01228) 814575/4589
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	Dr Rachel England	MURRAY Nicola	(01228) 814576
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	Dr Fiona Dallas	JOHNSTON Julie	(01228) 814772
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Surgical	Mr Joseph Thomas	PEDROSA Susan	(01228) 814149
	Mr Theo Ojimba	ROOK Helen	(01228) 814433
	Mr Frank Hinson	FOGG Yvonne	(01228) 814364
	Mr Jim Palmer	NIXON Ann	(01228) 814147
	Mr Mike Williams	OGLANBY Alison	(01228) 814146
	Mr Ludger Barthelmes	ARMSTRONG Carole/IRVING Kerry	(01228) 814229
	Mr Simon Raimes /Mr John Wayman	TUCK Liz	(01228) 814144
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	Mr John Cumming	HALFORD Joanne	(01228) 814779
	Mr Nkem Umez-Eronini	LEWIS Paula	(01228) 814776
	Lead Secretary (Medical & Elderly)	WHITEHEAD Denise	(01228) 814032 Mob: 07771844209
	Surgical secretaries manager (Orthopaedic, ENT, Ophthalmology, Orthodontics and Oral Surgery)	GLOVER David	(07769) 673223
	Surgical secretaries manager (General Surgery and rest of surgical division)	CARR Anita	(01946) 693181 ext 4044