



CONTENTS

PAGE 2

- New role for Chief Executive
- Promoting breastfeeding

PAGE 3

- Update on WCH redevelopment
- Improvements to Palliative Care services

PAGE 4

- Spotlight – Endoscopy service praised by patients
- Hospitals celebrate one year free of MRSA

DIRECTORY

All our consultants, secretaries and contacts, updated each month

CUMBRIAN JOINT WALK STRIDES OUT AGAIN

A team from the Orthopaedic Department at West Cumberland Hospital is planning a walk to raise funds for orthopaedic research, following similar successful events in previous years.



The start of the 2004 Joint Walk

Former patients who have undergone total joint replacement of the hip, knee, shoulder or elbow are being urged to sign up to take part in the 'Cumbrian Joint Walk' on Saturday, 3 September on the promenade at Whitehaven Harbour.

The event is being organised by Consultant Suresh Rao, who hopes to match the success of the last joint walk in 2004. Around 100 former patients raised over £16,000 through personal and business sponsorship when they walked the short distance – less than a mile – along the harbour front, finishing at The Beacon centre.

It is hoped many more joint replacement patients will take part this time as a lot of fun events are being planned in partnership with The Beacon and the organisers of Whitehaven Festival. There will be fashion shows, live music, stalls with games and a bouncy castle, reduced entry fees for the BBC's Walking with Dinosaurs Exhibition and the return of the Continental Market.

There will also be a pictorial depiction of the history of medicine in West Cumbria with displays by the emergency services, live demonstrations of research devices for studying arthritis, artificial joint implants and 3D video clips of surgical procedures.

GPs are urged to encourage any former joint replacement patients to take part. For more information contact Linda Rome, Orthopaedic Secretary, on 01946 523192 or email linda.rome@ncuh.nhs.uk.

NEW ROLE FOR CHIEF EXECUTIVE

Carole Heatly has left her post as Chief Executive with our Trust to take up a new post with Advancing Quality Alliance North West (AQuA) – the health care quality improvement organisation.

AQuA is a new NHS organisation, set up by primary care and acute hospital trusts, to spread best practice and improve the quality of health services. Carole will join in an Associate capacity to lead the work to develop integrated care between acute hospitals and GPs right across the region.



Carole Heatly

David Fillingham, AQuA's Chief Executive, said: "We are delighted that Carole will be joining AQuA in an Associate capacity to lead our work on integrated care. This is a critical area for the NHS in the North West and it is a great boost to have someone with Carole's skills and experience helping to take it forward."

Carole joined our Trust on 1 September 2008 and has done much to progress the quality of the hospitals in north Cumbria. Last month, the Trust was named one of the 40 top hospital trusts in the country for the third year running. The Trust has been a consistent high-performer in the area of delivering patient quality targets and is one of the best performing trusts in the North West.



Dr Neil Goodwin CBE

Chairman Mike Little said: "We shall be extremely sorry to lose a Chief Executive of Carole's calibre and professional standing. She has made an enormously valuable and significant contribution during her time with our Trust and is universally respected for the skill, dedication and flair she has brought to our hospitals."

Dr Neil Goodwin CBE, former Chief Executive of Greater Manchester Strategic Health Authority, became Interim Chief Executive from 6 June 2011 and will move forward the Trust's plans to become part of an existing NHS Foundation Trust.

PROMOTING BREASTFEEDING TO NEW MUMS

Our staff have been ensuring breastfeeding stays top of the agenda for new mums with a series of events and initiatives across the county. Carlisle's first Bump to Baby Fair took place on 15 June at the Crown and Mitre Hotel in the city centre, with dozens of stands run by local businesses, health professionals, community groups and others, showcasing products, information and advice for pregnant mums, babies and young children. Breastfeeding cafes have also been started across north Cumbria, and a directory of breastfeeding-friendly venues launched.

WEST CUMBERLAND HOSPITAL REDEVELOPMENT UPDATE

As reported in last month's GP News, the Full Business Case (FBC) for the redevelopment of West Cumberland Hospital was approved by our Trust Board on 10 May. The FBC has now been formally issued to NHS Cumbria to secure a statement of commissioner support and also submitted to NHS North West to secure SHA Board approval. Following SHA approval, the final stage in the approvals process is to secure Department of Health and HM Treasury approval, which it is hoped will be achieved in September to allow a start on site with the main construction works in October 2011.

Work has continued on the programme of decanting and refurbishment for the on-site relocation of Yewdale Ward – the one remaining area of the current site to be demolished to allow the new build to take place. The overall design of the new mental health facility, to be located within J Block at WCH, has been signed off by the Cumbria Partnership NHS Foundation Trust and the detailed room-by-room layouts are currently being reviewed. A complex programme of decanting within the hospital has been required to vacate existing services from Block J in order to allow the refurbishment works to commence. This decanting process has now been largely completed and survey works have commenced in J Block, prior to construction works, in order to convert the vacated areas for mental health use.

See below for an updated schedule of planned works on the redevelopment:

Task	Planned completion
FBC approved by Trust Board	Complete
FBC supported by NHS Cumbria / GP Commissioners	Jun 2011
Start of the preparatory works to relocate Yewdale Ward	Jun 2011
FBC approved by NHS North West	Jul 2011
FBC approved by Department of Health	Sep 2011
Start of main new build works on site	Oct 2011
Completion of works to relocate Yewdale Ward	Feb 2012
Completion of new build works on site	Jun 2014
Completion of demolitions of vacated buildings	Mar 2015

DEVELOPMENT OF PALLIATIVE CARE SERVICES

People in West Cumbria are to be given better choice over where they want to die as part of a new package of measures. Family and hospital doctors have agreed to work more closely together to make sure end of life and palliative care is available both at people's home and in hospital.

It follows a major initiative called Conversations for Life, which encouraged people in Cumbria to talk about where they would prefer to die given the choice. West Cumbria's hospital and family doctors aim to tackle this by setting up 24-hour hospital consultant support for health teams across the area to help those caring for the dying at home to cope in times of crisis. This will be supported by specialist in-patient beds in the redeveloped West Cumberland Hospital.

A graphic featuring a spotlight beam shining down on a dark surface, with the word "Spotlight" written in a stylized, white, serif font across the bottom of the beam.

ENDOSCOPY SURVEY HIGHLIGHTS PATIENT SATISFACTION

A survey of endoscopy patients at West Cumberland Hospital has revealed high levels of satisfaction with the overall service received, from booking appointments to receiving care.

The Global Rating Scale (GRS) is a national programme for endoscopy units, created in 2004 as a quality improvement and assessment tool for the gastrointestinal service. Endoscopy units have been assessing their service via set criteria from the GRS, submitting their scores twice yearly since 2005.

As part of the assessment, patient surveys are carried out on an annual basis and the West Cumberland Hospital survey in 2010 was the fourth survey undertaken. Staff are very pleased with the consistency of findings over the four years with 90-97% patients satisfied with the service overall.

In the most recent survey, only 1% did not find the booking appointment straightforward; 97% received information which was presented in a clear manner; 95% had their questions answered to their satisfaction; only 1% were not happy with the consent process; and privacy and dignity was maintained by 97% of nursing staff. In addition there were many positive comments and feedback to endoscopy staff.

The programme encourages sharing knowledge and experience of service developments with other services, within the organisation and externally. Whilst some staff are aware of changes made in the service, eg dietitians (PEGs), pharmacy and diabetic department (bowel prep), haematology (anti-coagulant guidelines), others will have little or no knowledge of endoscopy practice.

Externally, communication with primary care colleagues is ongoing to establish an appropriate referral system and to keep them up to date with any necessary changes. Staff are currently working hard to reduce the waiting time of surveillance procedures.

If you have an issue you would like to discuss/share we would be most welcome to do so. Please contact either Dr Zahid Mahmood, Consultant Gastroenterologist and WCH Endoscopy Clinical Lead, or Margaret Hawley, Upper GI Nurse Specialist/Endoscopist and GRS Coordinator at West Cumberland Hospital, by email or on 01946 523068.

ONE YEAR CLEAR OF MRSA

Our staff are continuing to win the battle against infection with no cases of MRSA at either of our hospitals in over a year, latest figures show.

Hard work by clinical teams to minimise infections means there have been no post-48 hour MRSA bacteraemia for a full year at West Cumberland Hospital or the Cumberland Infirmary. There were just two cases in the whole of the last financial year – one in April 2010 and one in May 2010 – making our Trust one of the best trusts in the country in reducing MRSA rates.

Trust Chairman Mike Little said: "We know this is really important to our patients. Our staff need to be congratulated for this significant reduction in our infection rates."

West Cumberland Hospital – For those numbers without direct dial, please call 01946 693181 and ask for the extension number

DEPARTMENT	CONSULTANT	SECRETARY	EXT	FAX
ACCIDENT & EMERGENCY	Mr Mike Greene Mr Charles Brett Miss Claire Summer	BRANTHWAITE Carol	Ext 4270	01946 5235421
ANAESTHETICS	Dr Ian Ulyett/Dr Bert Van Mourik Dr Mike Hodson/Dr Quentin Kingsbury Dr Fiona Graham/Dr Laurence Watkinson Dr Ann Slaymaker/Dr Philip Cartwright Dr Mark Holliday/Dr Duncan Watson Dr Gonzalez/Dr Anil Bhuvanagiri	BENSON Geraldeen	(01946) 523412	No Fax
DERMATOLOGY	Dr Marinela Nik	COYLES Wendy	(01946) 523003	
OTOLARYNGOLOGY, HEAD & NECK SURGERY	Mr Donald Clark Mr Nick Murrant Mr Andrew Robson Mr Richard Hogg	ROBINSON Linda BEAR Mary	(01946) 523291	01946 523506

ELDERLY CARE	Dr Nicholas Russell	MCALEAVY Judith	(01946) 523902	01946 523520
	Dr Olu Orugun	RICHARDSON Judith	(01946) 523117	
	Dr Frank Local/ Dr Huda	WALKER Linda	(01946) 523085	
GENERAL MEDICINE	Dr Babur Javaid (Gastro) Dr Zahid Mahmood (Gastro)	JOHNSEN Linda LAMB Suzanne MCCLEAN Donna PARK Iris	(01946) 523016 (01946) 523005 (01946) 523024 (01946) 523011	01946 523015
GENERAL SURGERY (Respiratory)		CONNOR Mary-Rose	(01946) 523007	01946 523015
GENERAL SURGERY	Mr Mike Walker (Vascular) Mr Adam Sowinski (Vascular)	KERR Julie SKINNER Anne	(01946) 523047 (01946) 523059	01946 523015
		WILKINSON Gill	(01946) 523041	
GENERAL SURGERY (Colorectal)	Mr Ernest Jehangir			
GU MEDICINE	Vacant Post			
NEPHROLOGY	Dr Paul Mead	MELLISH Therese	(01228) 814772	01228 814857
	Dr Fiona Dallas	JOHNSTON Julie	(01228) 814772	
	Dr Mark Boxall	LYNN Gillian	(01228) 814782	
NEUROLOGY		COYLES Wendy	(01946) 523003	
OBSTETRICS & GYNAECOLOGY	Mr Steve Bober/Dr Kathleen Gillies			01946 523507
	Mr John Eldred	SCOON Wendy	(01946) 523222	
	Mr Mohamed Matar	BURNS Karen	(01946) 523219	
	Mr Pradumna Jamjute	WREN Hilary	(01946) 523217	
OPHTHALMOLOGY	Mr Will Sellar/Mr Soonu Verghese	SUTCLIFFE Kath	(01946) 523065	01946 523553

ORAL & MAXILLO-FACIAL SURGERY	Mr Antony Paterson Mr Graham Putnam Mr John Elliott	CRAWFORD Jenny	(01946) 523040	01946 523506
ORTHODONTICS	Mrs Fiona Nixon/Mrs Sally Walker	HIRD Elizabeth	(01228) 814225	
ORTHOPAEDICS	Mr Mahesh Dhebar Mr Suresh Rao/Dr P Shah Mr Peter Fismer Mr Patrick Armstrong Mr Steven Allcock Mr Ashraf Naguib	CARR Lesley	(01946) 523192	01946 523513
		ROME Linda	(01946) 523198	
		SOWERBY Janice	(01946) 523189	
		YOUNG Sylvia	(01946) 523197	
		KENNEDY Amanda	(01946) 523193	
		LEAK Fiona	(01946) 523198	
PATHOLOGY (Site based)	Dr Clive Graham (Microbiology) Dr Nick West (Haematology)	MCINTYRE Carol	(01946) 523426	01946 523531
RADIOLOGY	Dr Laurence Huntley/Dr Monique Hartkamp	QUINN Ann	(01946) 523358	
CLINICAL ONCOLOGY	Dr John Nicoll Dr Paul Dyson Dr Sandeep Singhal Dr Norma Sidek	PURDHAM Pauline	(01228) 814688	01228 814841
		GRAHAM Lynda	(01228) 814684	
		KELLY June	(01228) 814447	
		FRASER Sandra	(01228) 814446	
PALLIATIVE CARE	Dr Nick Sayer	WILLIAMSON Jean	Ext 3089	No Fax
REHABILITATION	Dr Y Jaganatsinh	ANDERSON Debbie	EXT 2918	
RHEUMATOLOGY	Dr A Hassan	DIXON Wendy/ ATWELL Christine	(01228) 814428/4347	
PAEDIATRICS	Dr M Ben-Hamida Dr D Lee/Dr S Pennington Dr P E Carter/Dr D Ullman	ROBERTS Diane	(01946) 523165	
		MINNIKIN Sharon	(01946) 523158	
		MCCONVEY Val	(01946) 523150	

Cumberland Infirmary

DEPARTMENT	CONSULTANT	SECRETARY	EXT	FAX
ACCIDENT & EMERGENCY	Mr Vincent Foxworthy Dr Ruth Read Dr Paul Hill Dr Anita Basu	BRENNAN Lesley/MELDRUM Jackie	(01228) 814401	01228 814186
ANAESTHETICS	Dr Julian Harrison/Dr Anne Linsley Dr Martin Payne/Dr Colin Rodgers Dr Martin White/Dr Peter Stride Dr Yoav Tzabar/Dr Mark Tidmarsh Dr Simon Kennedy/Dr Adrian Shanks Dr Simon Jones/Dr Chris Flucker Dr Jenny Fraser/Dr Ramiz Idriz Dr Gail Fitzsimmons/Dr Ruth O'Dowd Dr Ewa Jankowska/Dr Jon Sturman Dr B Schweitzer Dr Dawn Wilson/Dr D McColl Dr Gavin Parness	WILTON Janette/BUSBY Helen	(01228) 814312	

CARDIOLOGY	Dr Martin Cowley (Cardiology) Dr Jeroslav Kajzer	HARRISON Anne	(01228) 814034	
		LEECH Sandra	(01228) 814565	
		SHECKLEY Marie	(01228) 814194	
		MCDONAGH Michelle	(01228) 814384	
DERMATOLOGY	Dr Marinela Nik (acting up)	HALLIBURTON Ann/CAMPBELL Marie	(01228) 814152	01228 814849
OTOLARYNGOLOGY, HEAD & NECK SURGERY	Mr Donald Clark	FLEMING Tracy	(01228) 814208	
	Mr Nick Murrant	BURNS Kath	(01228) 814206	
	Mr Andrew Robson	MACKENZIE Margaret	(01228) 814207	
	Mr Richard Hogg	SHAW Linda	(01228) 814718	
ELDERLY CARE	Dr Jim George	FOSTER Marjorie	(01228) 814029	01228 814819
	Dr J S Billett	HILL Alison	(01228) 814456	
	Dr Paul Davies	CARR Margaret	(01228) 814438	
	Dr Henry Woodford	NICHOLSON Samantha	(01228) 814438	
	Dr Jane Orgee	HOPE Christine	(01228) 814458	
GENERAL MEDICINE	Dr Simon Fearby (Respiratory)	SHANE Carol	(01228) 814142	
	Dr Mary Hewson (Respiratory)	PARTINGTON Judith/ TODD Lesley	(01228) 814063	
	Dr Denis Burke (Gastro)	JOHNSTON Judith	(01228) 814138	
	Dr Chris MacDonald (Gastro)	NOBLE Kim	(01228) 814184	
	Dr Paul Mead (Nephrology)	MELLISH Therese	(01228) 814772	
	Dr Mark Boxall (Nephrology)	LYNN Gillian	(01228) 814782	
	Dr Fiona Dallas (Nephrology)	JOHNSTON Julie	(01228) 814772	

GENERAL SURGERY	Mr Mike Williams (Breast/Endocrine)	OGLANBY Alison	(01228) 814146	
	Mr Ludger Barthelmes (Breast)	ARMSTRONG Carole IRVING Kerry	(01228) 814229	
	Mr Jim Palmer (Colorectal)	NIXON Ann	(01228) 814147	
	Mr Frank Hinson (Colorectal)	FOGG Yvonne	(01228) 814364	
	Mr Thomas Joseph (Vascular)	PEDROSA Susan	(01228) 814149	
	Mr Theo Ojimba (Vascular)	ROOK Helen	(01228) 814433	
	Mr Simon Raimes (Upper GI)	TUCK Liz	(01228) 814144	
	Mr John Wayman (Upper GI)	TUCK Liz	(01228) 814144	
	GU MEDICINE			
NEUROLOGY		BOWMAN Sarah	(01228) 814439	
OBSTETRICS & GYNAECOLOGY	Dr Ruth Lawley	COX Pam	(01228) 814213	
	Dr Sheila Pearson	PARK Lavinia/HEGGIE Pat	(01228) 814217	
	Mr Ajith Wijesiriwardana	ALLAN Carrieanne	(01228) 814211	
	Mr Mohamed Matar	BURNS Karen	(01228) 523444	
	Dr Nick Hallam			
	Dr Nalini Munjuluri	LITTLE Heather	(01228) 814215	
OPHTHALMOLOGY	Mr R Smith/Miss Diana Depla	SPENCER Dee	(01228) 814461	
	Mr Gerard Ainsworth	HULBERT Diane	(01228) 814449	
	Mr Mohammed Zaheen/Mr Mohamed Moosa	NIEMIEN Jane	(01228) 814476	
ORAL & MAXILLO-FACIAL SURGERY	Mr Antony Paterson	WANLEY Judith	(01228) 814224	
	Mr Graham Putnam	BRADLEY Sue	(01228) 814222	

	Mr John Elliott	DOWNIE Marie	(01228) 814222	
ORTHODONTICS	Mrs Fiona Nixon/Mrs Sally Walker	HIRD Elizabeth	(01228) 814225	
ORTHOPAEDICS	Mr Guy Broome	TAYLOR Karen	(01228) 814758	
	Mr Keith Ions	MORAN Teresa	(01228) 814754	
	Mr Mike Orr	RAYMENT Linda	(01228) 814760	
	Miss Carol Brignall	PESCOD Alison	(01228) 814756	
	Miss Gail Ferrier	COLLIER Sarah	(01228) 814752	
	Mr Matt Dawson	O'NEILL Susan	(01228) 814279	
	Mr David MacKay	JACKSON Hazel	(01228) 814759	
	Mr Ramasubramanian Dhamarajan	HOLDEN Lisa	(01228) 814750	
	Miss Claire Young	CRAWFORD Brenda	(01228) 814363	
PATHOLOGY North Cumbria Service	Dr Susan Davies	GLENCROSS Jill	(01228) 814394	
	Dr Joanne Wilkinson/Dr Marie van Drimmelen	GILLES Michelle/BOWE Margaret	(01228) 814533	
	Dr Mary Jenkins/ Dr Fergus Young	MILLS Janice	(01228) 814529	
	Dr Zouheir Maarouf (Histopathology)	DAVIDSON Sandra	(01228) 814535	
PATHOLOGY	Dr Hugh O'Brien (Haematology)	DOCHERTY Angela	(01228) 814511	
	Dr Clare Hamson/Dr Manjula Meda (Microbiology)	FINNEMORE Pat	(01228) 814641	

RADIOLOGY	Dr Peter Jennings/Dr Jonathan Poels	DODD Doris	(01228) 814349	
	Dr Rachel England/Dr Farshid Fallahi/Dr Ravi Uppoor	MURRAY Nicola	(01228) 814576	
	Dr Jon Berry/Dr John Edge/Dr Alaa Abdelgalil Dr Sarat Gadde/Dr Dinikar Unnithan/Dr Monique Hartkamp	CLEMINSON Fiona	(01228) 814575 or Ext 4589	
CLINICAL ONCOLOGY	Dr Jon Nicoll Dr Paul Dyson Dr Sandeep Singhal Dr Norma Sidek	PURDHAM Pauline	(01228) 814688	01228 814841
		GRAHAM Lynda	(01228) 814684	
		KELLY June	(01228) 814447	
		FRASER Sandra	(01228) 814446	
PALLIATIVE CARE	Dr Nick Sayer			
REHABILITATION	Mr Yogendrasinh Jagatsinh	GILL Jane	(01228) 814478	
RHEUMATOLOGY	Dr Alaa Hassan	DIXON Wendy ATWELL Christine	(01228) 814428 or Ext 4347	
PAEDIATRICS	Dr John Storr	NIXON Susan/HARTLEY Julie	(01228) 814764	
		Dr Catriona Stuart	SCOTT Janet LOWTHER Angela	
	Dr Paul Whitehead Dr Glyn Jones/Dr Sunday Ifere	McKAY Barbara	(01228) 814168	
		DICKINSON Ann	(01228) 814766	
		HALFORD Joanne	(01228) 814779	
UROLOGY	Mr John Cumming Mr Nkem Umez-Eronini Mr Jamshed Bashir	LEWIS Paula	(01228) 814776	
		CAIG Natasha	(01228) 814459	

	Lead Secretary (Medical & Elderly)	WHITEHEAD Denise	(01228) 814032 Mob: 07771844209	
	Surgical secretaries manager (Orthopaedic, ENT, Ophthalmology, Orthodontics and Oral Surgery)	GLOVER David	(07769) 673223	
	Surgical secretaries manager (General Surgery and rest of surgical division)	CARR Anita	(01946) 693181 ext 4044	

