

Neurological Rehabilitation Service Referral Guidance

The **Neurological Rehabilitation Service** provides a specialist neurological rehabilitation service for patients with more complex needs beyond the scope of local rehabilitation services.

Referral

It is appropriate to refer to the NRU for further assessment and advice on diagnosis and management all patients who:

Have any neurological disorder or neuromuscular condition of relatively recent onset where diagnoses include:

Stroke,

Traumatic brain-injury

Hypoxic brain damage (after a cardio-respiratory arrest)

Meningitis

Encephalitis

A sudden relapse of multiple sclerosis

Have longer standing problems either static, progressive or fluctuating arising from a neurological or neuromuscular condition such as:

Cerebral palsy

Multiple sclerosis

Parkinson's disease

Huntington's disease

Motor Neurone Disease

Previous spinal cord injury

Have a condition that presents as a neurological condition i.e. a functional disorder (usually only for diagnosis and planning management.

Have severe brain damage and require specialist assessment of low awareness state e.g. Vegetative and Minimally Conscious State.

Inpatient service

We do not normally admit patients who:

- Are under 16 years of age
- Require respite care
- Do not have identifiable rehabilitation goals

- Have **an unstable medical condition** needing high dependency nursing or medical management through the 24 hours **and**:
- require intravenous treatments on a continuous basis
- require further specialist investigations and treatments for the medical condition
- Have **behaviour that cannot be managed safely** and poses a risk to themselves or others **due to**:
 1. acute psychiatric illness
 2. wandering that cannot be managed safely on an open ward
 3. frequent and unavoidable verbal and physical aggression