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Over 100 people join Cumbria's big hip and knee walk

Posted on Thursday 1st September 2011

The Orthopaedics department at West Cumberland Hospital is holding a charity event this weekend to raise public awareness about research activities on osteoarthritis.

About 100 former patients who have undergone joint replacement of the hip, knee, shoulder or elbow are taking part in The Great Cumbrian Joint Walk to raise funds for research initiatives. There will be live entertainment and fun activities for the family from 10 am to 5pm. The Mayor of Whitehaven and other dignitaries are expected to attend the occasion.

A similar event in 2004 raised more than £16,000. Suresh Rao, Consultant Orthopaedic Surgeon said: "Research has a really important role to play in improving the health of our community. This event will give us an opportunity to talk to local people about the research activities in the hospital and how simple lifestyle changes can make a difference to people with arthritis. There will also be information on how the money will be used to tailor clinical services for the needs of people with arthritis.

It is still not too late for any former patients who have not yet signed up to take part in the Cumbrian Joint Walk to contact Linda Rome, Orthopaedic Secretary at West Cumberland Hospital, on 01946 523192 or Helen McDowell on 01946 523382.



The big hip and knee walk from 2004

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