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# Cancer survivor making a 1000 mile journey around the UK to deliver his poem to inspire to stop at Cumberland Infirmary

Posted on Friday 16th June 2017

Paul Whymant, a cancer survivor, is cycling 1000 miles around the UK to deliver his inspirational poem to cancer hospitals and will be making a stop on Monday, 19 June at 10 a.m. at the Cumberland Infirmary in Carlisle.

Paul says he feels privileged to be alive after a three-year battle against cancer. Now cancer free, the UK bike tour is his way of giving something back to those who helped him through what he has described as "a journey through a tunnel." His poem to inspire, Red Leather Yellow Feather, is his gift to other cancer patients to be strong, enjoy today and look forward to tomorrow.

"Cancer is such an emotional journey, it deeply affects families and friends as well as the patient, sometimes even more", explains Paul. "For me, poetry is a release, freedom, contentment. We can all write, no special skills are required; it's simply a matter of putting your heart onto paper. More people should try it, they will love it."

Paul was diagnosed with bladder cancer at the age of 60, underwent surgery and chemotherapy and then three years of immunotherapy treatment. Paul says he spent his "poorly days" reading and writing poetry; on his better days he headed out on his bike. He is now combining the two as he spends two months pedalling on a route through the UK that includes stops at 35 hospitals. All monies raised are going to Macmillan Cancer Support.



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