



Monday Lunch

Large Portion Small Portion
All portions are regular unless marked in the boxes above
 Assisted Feeding

PLEASE CHOOSE ONE STARTER

Orange Juice #DRFV
 Minestrone Soup DFV

PLEASE CHOOSE ONE MAIN COURSE

Chicken Casserole with Mixed Vegetables & Baby Onions in Herb Gravy DRF
 Sweet & Sour Pork served with Rice DRF
 Plain Omelette #DRFV

ACCOMPANIMENTS *(Please select your choices)*

Mashed Potatoes #DRFV
 Boiled Potatoes DRFV
 Broccoli #DRFV
 Mashed Carrot and Swede #DRFV

PLEASE CHOOSE ONE DESSERT

Bread & Butter Pudding & Custard V
 Bread & Butter Pudding V
 Custard Sauce #DFV
 Stewed Apple & Custard #DFV
 Pineapple in Juice DRFV
 Pineapple & Ice Cream DV
 Fresh Fruit - Orange DRFV
 Fruit Yoghurt DRFV

Monday Breakfast

Orange Juice
 Porridge
 Selection of Cereals
 White/Wholemeal Toast, Flora, Butter, Preserves
 Tea & Coffee

SERVED ON THE WARD

Name _____

Ward _____

Room No. _____



Monday Supper

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PLEASE CHOOSE STARTER

Nourishing Cream of Potato & Leek Soup #DV

PLEASE CHOOSE ONE MAIN COURSE

Beef Lasagne #D
 Broccoli & Herb Quiche served with Potato Wedges & Garden Peas DV

Tuna Salad with Bread Roll DRF

Cheese & Tomato Sandwich on Wholemeal Bread DV

Ham Sandwich on White Bread DRF

PLEASE CHOOSE ONE DESSERT

Crunchy Strawberry Yoghurt
 Apricots in Juice DRFV
 Apricots & Ice Cream DV
 Fruit Yoghurt DRFV
 Cheese & Biscuits DV
 High protein Blancmange - Chocolate #V

DIETARY INFORMATION

D Diabetic # Suitable for Soft Diet
 R Reducing V Suitable for Vegetarians
 F Low Fat

Please use a black pen and draw a cross through the box adjacent to your choice.

Enjoy Your Meal

Name _____

Ward _____

Room No. _____